

National Cross Country Championships - Falkirk 22/2/2014 - U13 Girls

	Name	Club	Time
1	Jennifer Walls	Central AC	13:41
2	Sarah Tait	Lasswade AAC	13:48
3	Eloise Coombs	Nithsdale AC	13:55
4	Emma Frew	Ayr Seaforth AC	14:05
5	Susannah Godfrey-Faussett	Gala Harriers	14:07
6	Sarah Calvert	Livingston & District AAC	14:08
7	Annabel Ballantyne	Giffnock North AAC	14:11
8	Emily Crusher	Giffnock North AAC	14:21
9	Nuala McCheyne	Inverclyde AC	14:27
10	Beth Hobbs	Moorfoot Runners	14:38
11	Iona Crawford	Pitreavie AAC	14:45
12	Zoe Nicholson	Pitreavie AAC	14:45
13	Lisa Miller	Giffnock North AAC	14:46
14	Emma Gilmour	VP-Glasgow AC	14:52
15	Mairi Wallace	Moorfoot Runners	14:53
16	Emma Lawton	Giffnock North AAC	14:54
17	Kirsten Forster	Glasgow School of Sport	14:54
18	Rhiannon Fagan	Gala Harriers	14:59
19	Angel Grimes McTavish	Enfield & Haringey	15:01
20	Emma Mahon	Kirkintilloch Olympians	15:05
21	Tegan Kerr	Cumbernauld AAC	15:06
22	Charlotte Caskie	Helensburgh AAC	15:07
23	Adrienne Murray	VP-Glasgow AC	15:08
24	Jessica Christie	Falkirk Victoria Harriers	15:08
25	Cliona McCheyne	Inverclyde AC	15:10
26	Clare Wallace	Giffnock North AAC	15:13
27	Lynn McKenna	Giffnock North AAC	15:17
28	Beatrice Winkler	Edinburgh AC	15:18
29	Sarah Connolly	East Kilbride A.C.	15:18
30	Heather Scott	Central AC	15:20
31	Kirsty Oldham	Aberdeen AAC	15:21
32	Emily Andrew	Inverness Harriers AAC	15:22
33	Jennifer Lyne	Inverclyde AC	15:22
34	Alix Phillips	Edinburgh AC	15:22
35	Beth Gibbons	VP-Glasgow AC	15:23
36	Sara O'Docherty	Inverclyde AC	15:23
37	Eilidh Gibson	Kilbarchan AAC	15:24
38	Leona Murray	Kilbarchan AAC	15:25
39	Jessica MacLeod	Corstorphine AAC	15:30
40	Sam McInnes	Fife AC	15:32
41	Eve Denholm	Giffnock North AAC	15:35
42	Amber Jardine	VP-Glasgow AC	15:48
43	Hannah Paton	Kirkintilloch Olympians	15:48
44	Gillian Carmichael	Inverclyde AC	15:49
45	Elizabeth McCall	Aberdeen AAC	15:54
46	Jessica Noble	Helensburgh AAC	15:55
47	Caitlin Chilton	Ayr Seaforth AC	15:58
48	Cerys Gilbride	Central AC	15:58
49	Rachel Curry	Kilbarchan AAC	15:59
50	Niamh Summers	Kirkintilloch Olympians	16:03
51	Ellie Maclean	Stornoway Running & AC	16:04
52	Gaia Salandini	Shettleston Harriers	16:05
53	Ruth Currie	Law & District AAC	16:07
54	Nyah Gillan	Inverclyde AC	16:11
55	Josie Steele	Inverness Harriers AAC	16:12
56	Anna Boyd	Edinburgh AC	16:14
57	Jenny Dougall	Giffnock North AAC	16:14
58	Clara Pollock	Inverclyde AC	16:18
59	Frances Sealy	Banchory Stonehaven AC	16:18
60	Eilidh Campbell	Banchory Stonehaven AC	16:19
61	Sophie Hayes	Haddington East Lothian P	16:20
62	Caroline McKinlay	Lasswade AAC	16:20

	Name	Club	Time
63	Jasmine Collett	Aberdeen AAC	16:20
64	Katy McGonigal	Falkirk Victoria Harriers	16:26
65	Jemma Jamieson	Pitreavie AAC	16:28
66	Chloe McClung	Falkirk Victoria Harriers	16:32
67	Caitlin Thompson	Edinburgh AC	16:34
68	Charlotte McKenna	Giffnock North AAC	16:34
69	Bethany Craig	Kilbarchan AAC	16:43
70	Claire McGonigle	Garscube Harriers	16:46
71	Dion Ingram	Law & District AAC	16:51
72	Lucia Montgomery	Edinburgh AC	16:55
73	Mairi Weir	Elgin AAC	16:56
74	Caitlin Thomson	Law & District AAC	16:56
75	Sophie Lathan	Garscube Harriers	16:57
76	Rachael McKillop	Helensburgh AAC	16:58
77	Hannah Rawlinson	Nairn Area AAC	16:59
78	Iona Millington	Edinburgh AC	17:05
79	Robyn Peacock	East Kilbride A.C.	17:10
80	Ashleigh Greenwood	Perth Straththay Harriers	17:11
81	Kirsty Boyd	VP-Glasgow AC	17:12
82	Zoe Jamieson	Giffnock North AAC	17:14
83	Scarlett Donald	Edinburgh AC	17:16
84	Samantha Dunning	Inverclyde AC	17:17
85	Emily Harrower	Dundee Hawkhill H	17:18
86	Eilidh Boyd	VP-Glasgow AC	17:19
87	Flora Johnston	Falkirk Victoria Harriers	17:22
88	Jena Anderson	Ayr Seaforth AC	17:23
89	Corrie Hay	Fife AC	17:24
90	Antonia Burns	Helensburgh AAC	17:26
91	Heather Scott	North Ayrshire AC	17:26
92	Sophie Kidd	Dundee Hawkhill H	17:30
93	Iona McDonald	Livingston & District AAC	17:30
94	Kirsty Campbell	Banchory Stonehaven AC	17:35
95	Stephanie Lindsay	Kirkintilloch Olympians	17:36
96	Elena Heger	Gala Harriers	17:38
97	Rachel Gibb	Livingston & District AAC	17:38
98	Beth Brown	Garscube Harriers	17:48
99	Beth McKenna	Greenock Glenpark H	17:48
100	Sarah Pugh	Greenock Glenpark H	17:49
101	Rebecca Calder	Livingston & District AAC	17:49
102	Alison King	Ayr Seaforth AC	17:58
103	Nicola Henson	Perth Straththay Harriers	18:01
104	Rachel Philipps	Law & District AAC	18:08
105	Emma Palmer	Ayr Seaforth AC	18:12
106	Emma Brown	Cumbernauld AAC	18:16
107	Erin McCutcheon	Ayr Seaforth AC	18:19
108	Maia Carolan	Giffnock North AAC	18:24
109	Pamela Newell	Law & District AAC	18:39
110	Tegan Gostick	Pitreavie AAC	18:47
111	Melissa Miller	Ayr Seaforth AC	18:47
112	Kate McDonald	Falkirk Victoria Harriers	18:50
113	Lori MacDonald	East Kilbride A.C.	18:51
114	Georgia Hernon	East Kilbride A.C.	19:00
115	Eilidh Carswell	Ayr Seaforth AC	19:03
116	Mairi Eades	Lothian Running Club	19:07
117	Emily Pugh	Greenock Glenpark H	19:29
118	Rachel Mulaghton	Greenock Glenpark H	19:41
119	Clara Boyle	East Kilbride A.C.	19:46
120	Claire McGarvey	Banchory Stonehaven AC	19:55
121	Caitlin Stuart	Clydesdale Harriers	20:15
122	Iona Smith	Kirkintilloch Olympians	20:26
123	Christie Mulaghton	Greenock Glenpark H	21:58

Teams					
Pos	Club	Name	Time	Pos	
1	Giffnock North AAC (44)	Annabel Ballantyne	14:11	7	6 Kilbarchan AAC (193)
		Emily Crusher	14:21	8	6 Pitreavie AAC (198)
		Lisa Miller	14:46	13	7 Kirkintilloch Olympians (208)
		Emma Lawton	14:54	16	8 Helensburgh AAC (234)
2	Inverclyde AC (103)	Nuala McCheyne	14:27	9	9 Falkirk Victoria Harriers (241)
		Cliona McCheyne	15:10	25	10 Ayr Seaforth AC (241)
		Jennifer Lyne	15:22	33	11 Livingston & District AAC (297)
		Sara O'Docherty	15:23	36	12 Law & District AAC (302)
3	VP-Glasgow AC (114)	Emma Gilmour	14:52	14	13 Banchory Stonehaven AC (333)
		Adrienne Murray	15:08	23	14 East Kilbride A.C. (335)
		Beth Gibbons	15:23	35	15 Greenock Glenpark H (434)
		Amber Jardine	15:48	42	
4	Edinburgh AC (185)	28, 34, 56, 67			

National Cross Country Championships - Falkirk 22/2/2014 - U13 Boys

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Ryan Stephen	Ron Hill Cambuslang H	12:40
2	Cameron Watson	Inverclyde AC	12:52
3	Jamie Burns	Shettleston Harriers	12:54
4	Elliot Duff	Garscube Harriers	12:55
5	Cameron Corrigan	Kilbarchan AAC	12:58
6	Magnus Tait	Lasswade AAC	13:02
7	Hamish Armitt	Giffnock North AAC	13:04
8	Steven Addison	Corstorphine AAC	13:08
9	Lewis Philp	Ayr Seaforth AC	13:09
10	Craig Morris	Fife AC	13:12
11	Michael Hewitt	Individual	13:17
12	Alex Johnston	Pitreavie AAC	13:21
13	Fraser Blackie	Edinburgh AC	13:23
14	Jamie Logan	Gala Harriers	13:24
15	Eoghann Gollan	East Sutherland AC	13:26
16	Craig Kennedy	Kilbarchan AAC	13:27
17	Michael Miller	Helensburgh AAC	13:28
18	Jack Trainer	Garscube Harriers	13:28
19	Leodhais MacPherson	Ron Hill Cambuslang H	13:30
20	Drew Pollock	Ron Hill Cambuslang H	13:30
21	James Gillon	Law & District AAC	13:31
22	Rory Williams	Chirnside Chasers	13:33
23	Jack Bell	Giffnock North AAC	13:36
24	Andrew Hogg	Gala Harriers	13:37
25	Cameron Hudson	Falkirk Victoria Harriers	13:38
26	Gavin McWhinnie	Fife AC	13:40
27	Andrew MacAngus	Kilbarchan AAC	13:43
28	Kipp McTavish	Glasgow School of Sport	13:45
29	Corri Campbell	Gala Harriers	13:46
30	Ross Chapman	Garscube Harriers	13:50
31	Iain McWhinnie	Fife AC	13:51
32	Thomas Ross	Corstorphine AAC	13:56
33	Cameron Callow	Aberdeen AAC	13:56
34	Ruaidhri MacGregor	Ron Hill Cambuslang H	13:57
35	Daniel McGarrie	Garscube Harriers	14:00
36	Arun Smith	Garscube Harriers	14:01
37	Jack Cuthbertson	Garscube Harriers	14:02
38	Lewis Raeburn	Shettleston Harriers	14:03
39	Jordan Gilchrist	Kilbarchan AAC	14:06
40	Fraser Clyne	Teviotdale Harriers	14:07
41	James Cathro	Garscube Harriers	14:09
42	Josh Abbott	Chirnside Chasers	14:09
43	Luke McCaffrey	Kirkintilloch Olympians	14:11
44	Jack Gillespie	Aberdeen AAC	14:12
45	Luke Reilly	Ron Hill Cambuslang H	14:13
46	Declan McGhee	Ayr Seaforth AC	14:15
47	Stuart Kirk	Caithness AAC	14:17
48	Rory Ferguson	Lasswade AAC	14:19
49	Iain Hare	Edinburgh AC	14:22
50	Stuart Aitken	Fife AC	14:22
51	Craig Palmer	Central AC	14:23
52	Joseph Wright	Banchory Stonehaven AC	14:24
53	Taylor Stewart	Giffnock North AAC	14:25
54	Finlay Emmott	Stornoway R & AC	14:35
55	Tom Keeley	VP-Glasgow AC	14:37
56	Kane Elliott	Falkirk Victoria Harriers	14:38
57	Nicholas Tierney	Aberdeen AAC	14:39
58	Taylor Neill	Perth Strathtay Harriers	14:39
59	Thomas Hanson	Central AC	14:40
60	Joey Brown	Chirnside Chasers	14:42
61	Craig Wilson	Inverness Harriers AAC	14:42
62	Harry Walton	Kilbarchan AAC	14:42
63	Scott Ritchie	Kilbarchan AAC	14:42
64	Craig Angus	Moorfoot Runners	14:43
65	Harry E Hall	Aberdeen AAC	14:44
66	Ben Reynolds	Chirnside Chasers	14:45
67	Robert Whittick	Clydesdale Harriers	14:45
68	Shane Turney	East Sutherland AC	14:46
69	Greig Oakley	Ayr Seaforth AC	14:48
70	Connor Romaine	Inverness Harriers AAC	14:48
71	Ben Shaw	Giffnock North AAC	14:49
72	Matthew Gillon	Law & District AAC	14:49
73	David Begg	Dundee Hawkhill H	14:49
74	Thomas Connolly	VP-Glasgow AC	14:50
75	Harry Fuller	Chirnside Chasers	14:50
76	Hunter Daws	Kilbarchan AAC	14:52

	<i>Name</i>	<i>Club</i>	<i>Time</i>
77	Russell Christie	Falkirk Victoria Harriers	14:52
78	Logan Cotter	Ayr Seaforth AC	14:53
79	Adam Robertson	Aberdeen AAC	14:54
80	Corey Greenhaugh	Giffnock North AAC	14:54
81	Jamie Kinghorn	Chirnside Chasers	14:55
82	Calum Brown	VP-Glasgow AC	14:56
83	Alan Mollins	Greenock Glenpark H	15:03
84	Eoghan O'Donnell	Giffnock North AAC	15:04
85	Aidan Copland	Ayr Seaforth AC	15:04
86	Oliver Snodgrass	Lasswade AAC	15:05
87	Alasdair Binns	Stornoway R & AC	15:07
88	Joshua Cooke	Ayr Seaforth AC	15:08
89	Luca librizzi	Edinburgh AC	15:08
90	Lawrie Wilson	Lasswade AAC	15:09
91	Levi Sweeney	Strathearn Harriers	15:11
92	Blair Smillie	Ayr Seaforth AC	15:13
93	Keir Howlieson	Central AC	15:16
94	Liam Murray	Pitreavie AAC	15:17
95	Bryn Davies	Helensburgh AAC	15:17
96	Josh Howard	Lasswade AAC	15:18
97	Jack Reid	Falkirk Victoria Harriers	15:19
98	Oliver Stewart	Central AC	15:23
99	Daniel McGreechin	Shettleston Harriers	15:25
100	Edan Webb	VP-Glasgow AC	15:26
101	Jamie Simpson	Dundee Hawkhill H	15:27
102	Aiden Hendry	Kilbarchan AAC	15:29
103	Kai Bremner	Inverness Harriers AAC	15:34
104	Struan Oliver-Jones	East Sutherland AC	15:35
105	Finlay Saunders	Inverness Harriers AAC	15:44
106	Scott Gordon	Dundee Hawkhill H	15:45
107	Keir McEwan	Strathearn Harriers	15:48
108	Sean Kelt	Ross County Athletic Club	15:50
109	Luke Davidson	Inverness Harriers AAC	15:56
110	Adam Brown	Aberdeen AAC	15:57
111	Ross Mitchell	Larkhall YMCA Harriers	15:59
112	Evan Currie	Clydesdale Harriers	16:00
113	Duncan Crawford	Pitreavie AAC	16:01
114	Christopher Mack	Inverness Harriers AAC	16:02
115	Marc McQuade	Calderglen Harriers	16:04
116	Rogan Kelly	VP-Glasgow AC	16:05
117	Daniel Martin	Ayr Seaforth AC	16:05
118	George Russell	Inverness Harriers AAC	16:07
119	Austin Thomson	Giffnock North AAC	16:08
120	Luke Lindup	Clydesdale Harriers	16:12
121	Struan Dolan	Shettleston Harriers	16:13
122	Callum Tynan	Inverness Harriers AAC	16:18
123	Ryan George Donald	Dundee Hawkhill H	16:20
124	MacKenzie Brown	Inverness Harriers AAC	16:24
125	Cairn Wallace	Clydesdale Harriers	16:26
126	Cameron Miller	Falkirk Victoria Harriers	16:30
127	Keir Crawford	Ron Hill Cambuslang H	16:31
128	Stuart Reid	Garscube Harriers	16:32
129	David Featherstone	Linlithgow AC	16:32
130	Matthew Kirwan	East Kilbride A.C.	16:32
131	Aaron Lonie	Ron Hill Cambuslang H	16:34
132	Arran Kennedy	Cumbernauld AAC	16:35
133	Euan Chalmers	Giffnock North AAC	16:35
134	Rogan Ross	Clydesdale Harriers	16:50
135	Fergus Campbell	Corstorphine AAC	16:54
136	Jonathan Slater	Greenock Glenpark H	16:59
137	Taylor Sim	Inverness Harriers AAC	17:03
138	Ben MacDermid	Dundee Hawkhill H	17:06
139	Alasdair Armstrong	Ayr Seaforth AC	17:14
140	Liam Gillam	Pitreavie AAC	17:18
141	David McCormack	Law & District AAC	17:18
142	Louis MacDonald	Lothian Running Club	17:18
143	Tom Vernon	Edinburgh AC	17:43
144	Alexander McLeod	Falkirk Victoria Harriers	17:44
145	Finlay Gray	Helensburgh AAC	17:46
146	James Sharma	Kirkintilloch Olympians	17:47
147	Angus Cousin	Lasswade AAC	17:52
148	Ben Smyth	Ayr Seaforth AC	17:52
149	Jack Dolan	Clydesdale Harriers	18:42
150	Mark Purves	Gala Harriers	19:11
151	Andrew Robertson	Giffnock North AAC	22:25

Teams				
Pos	Club	Name	Time	Pos
1	Ron Hill Cambuslang H (74)	Ryan Stephen	12:40	1
		Leodhais MacPherson	13:30	19
		Drew Pollock	13:30	20
		Ruaidhri MacGregor	13:57	34
2	Garscube Harriers (87)	Elliot Duff	12:55	4
		Jack Trainer	13:28	18
		Ross Chapman	13:50	30
		Daniel McGarrie	14:00	35
3	Kilbarchan AAC (87)	Cameron Corrigan	12:58	5
		Craig Kennedy	13:27	16
		Andrew MacAngus	13:43	27
		Jordan Gilchrist	14:06	39
4	Fife AC (117)	10, 26, 31, 50		
5	Giffnock North AAC (154)	7, 23, 53, 71		
6	Chirnside Chasers (190)	22, 42, 60, 66		
7	Aberdeen AAC (199)	33, 44, 57, 65		
8	Ayr Seaforth AC (202)	9, 46, 69, 78		

National Cross Country Championships - Falkirk 22/2/2014 - U15 Girls

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Erin Wallace	Giffnock North AAC	15:15
2	Kate Gallagher	Central AC	15:23
3	Laura Stark	Kilbarchan AAC	15:32
4	Nikki Miller	Giffnock North AAC	15:39
5	Holly Still	Giffnock North AAC	15:46
6	Zoe Bates	Edinburgh AC	15:48
7	Leah Davie	Pitreavie AAC	15:59
8	Danielle Kelly	Giffnock North AAC	16:07
9	Lauren Dickson	Lasswade AC	16:15
10	Shelby Morrison	Greenock Glenpark H	16:19
11	Caitlin Arnott	Corstorphine AAC	16:25
12	Tessa Hickey	VP-Glasgow AC	16:26
13	Zaynah Aziz	Moorfoot Runners	16:28
14	Naomi Lang	Aberdeen AAC	16:33
15	Hilary Lewin	Edinburgh AC	16:37
16	Rebecca Metcalfe	Giffnock North AAC	16:40
17	Holly Little	VP-Glasgow AC	16:43
18	Emily Nicholson	Pitreavie AAC	16:44
19	Louise McCullagh	Fife AC	16:45
20	Sarah Olivia Eunson	Giffnock North AAC	16:45
21	Morven Ferguson	Edinburgh AC	16:46
22	Amy Armstrong	Edinburgh AC	16:47
23	Constance Nankivell	East Sutherland AC	16:50
24	Megan Kane	Giffnock North AAC	16:54
25	Melissa Robinson	Helensburgh AAC	17:00
26	Esme Stewart	Edinburgh AC	17:10
27	Heather Addison	Whitemoss AAC	17:10
28	Eilidh Russell	Central AC	17:16
29	Natalie Moran	Kilbarchan AAC	17:16
30	Kate Saxon	Giffnock North AAC	17:20
31	Clare Stewart	Banchory and Stonehaven AC	17:21
32	Sophie Green	Moray Road Runners	17:21
33	Carolyn Cameron	Edinburgh AC	17:22
34	Lori Agnew	Glasgow School of Sport	17:31
35	Sophie Nethery	Pitreavie AAC	17:31
36	Fiona Grant	Moorfoot Runners	17:35
37	Rhiannon Kirk	Caithness AAC	17:35
38	Jodie Currie	Central AC	17:38
39	Emma Fulton	Kilbarchan AAC	17:39
40	Mhairi Cromar	Helensburgh AAC	17:41
41	Neve Littlejohn	Glasgow School of Sport	17:43
42	Katharine McGinn	Kilbarchan AAC	17:43
43	Kara Bruce	Helensburgh AAC	17:46
44	Laurn Turnbull	Central AC	17:46
45	Perri McCluskey	Kirkintilloch Olympians	17:49
46	Eleanor Hanson	Central AC	17:53
47	Maddie Owen	Dundee Hawhill H	17:54
48	Lindsay Robertson	Garscube Harriers	17:54
49	Iona Fraser	Garscube Harriers	17:55
50	Rosie Nankivell	East Sutherland AC	17:55
51	Catherine Bough	Edinburgh AC	18:07
52	Lucy McKellar	Kilbarchan AAC	18:07
53	Helen Gordon	East Sutherland AC	18:14

	<i>Name</i>	<i>Club</i>	<i>Time</i>
54	Olivia Mulholland	Ron Hill Cambuslang H	18:17
55	Nichola Doohan	Greenock Glenpark H	18:17
56	Alicia Paton	Kirkintilloch Olympians	18:18
57	Elle Henderson	Larkhall YMCA Harriers	18:19
58	Katie Rourke	Gala Harriers	18:22
59	Gabrielle Macgregor	Caithness AAC	18:26
60	Evie Gallagher	Central AC	18:31
61	Ishbel Inglis	Teviotdale Harriers	18:32
62	Joanna Mitchell	Gala Harriers	18:35
63	Eilidh Smith	Garscube Harriers	18:35
64	Erin Pringle	Falkirk Victoria H	18:40
65	Fern Conway	Giffnock North AAC	18:42
66	India Birrell	Ayr Seaforth AC	18:43
67	Adelina Callan	VP-Glasgow AC	18:45
68	Emily McMahon	Cumbernauld AAC	19:02
69	Eilidh Thomson	Stewartry AC	19:06
70	Hannah Mairs	Livingston & District AAC	19:20
71	Cara Baillie	Glasgow School of Sport	19:22
72	Iona Allan	Clydesdale Harriers	19:29
73	Talia Mathers	Aberdeen AAC	19:33
74	Sophie Telfer	Pitreavie AAC	19:36
75	Jacqueline Gibson	Ayr Seaforth AC	19:38
76	Mia Cullis	Ayr Seaforth AC	19:40
77	Natasha Z Mackay	Shettleston Harriers	19:47
78	Lauren Carey	Ron Hill Cambuslang H	19:50
79	Sophie Hall	Motherwell AC	19:54
80	Amy Sneddon	Kilbarchan AAC	19:55
81	Kirsty Ferguson	Motherwell AC	19:57
82	Eilidh Chapman	Garscube Harriers	19:58
83	Danielle MacDermid	Dundee Hawhill H	20:02
84	madeleine joseph	Helensburgh AAC	20:06
85	Abby Hay	Fife AC	20:12
86	Annabel MacKay	Stornoway R & AC	20:18
87	Heidi Ross	Corstorphine AAC	20:40
88	Nicole McIntyre	Falkirk Victoria H	20:45
89	Jessica Curry	Kilbarchan AAC	21:02
90	Rhona Leslie Milne	Falkirk Victoria H	21:11
91	Rebekah Hemmingsley	Giffnock North AAC	21:13
92	Catriona Daisley	Greenock Glenpark H	21:26
93	Emma Grieve	Teviotdale Harriers	21:39
94	Megan Short	Ayr Seaforth AC	21:41
95	Megan Anderson	Calderglen Harriers	21:47
96	Emily Main	Pitreavie AAC	21:58
97	Isabel Remers	Dundee Hawhill H	22:03
98	Roserani Sharma	Kirkintilloch Olympians	22:13
99	Helen Anderson	Calderglen Harriers	22:17
100	Laura Keay	Kirkintilloch Olympians	22:42
101	Abby Gifford	Falkirk Victoria H	23:08
102	Jenna Boyd	VP-Glasgow AC	23:10
103	Rebecca Martin	Ayr Seaforth AC	23:16
104	Louise Brown	Calderglen Harriers	23:18
105	Rachael McCusker	East Kilbride AC	24:12
106	Morgan Beaton	Calderglen Harriers	28:01

<i>Teams</i>				
<i>Pos</i>	<i>Club</i>	<i>Name</i>	<i>Time</i>	<i>Pos</i>
1	Giffnock North AAC (18)	Erin Wallace	15:15	1
		Nikki Miller	15:39	4
		Holly Still	15:46	5
		Danielle Kelly	16:07	8
2	Edinburgh AC (64)	Zoe Bates	15:48	6
		Hilary Lewin	16:37	15
		Morven Ferguson	16:46	21
		Amy Armstrong	16:47	22
3	Central AC (112)	Kate Gallagher	15:23	2
		Eilidh Russell	17:16	28
		Jodie Currie	17:38	38
		Laurn Turnbull	17:46	44
4	Kilbarchan AAC (113)	3, 29, 39, 42		

5	Pitreavie AAC (134)	7, 18, 35, 74
6	Helensburgh AAC (192)	25, 40, 43, 84
7	VP-Glasgow AC (198)	12, 17, 67, 102
8	Garscube Harriers (242)	48, 49, 63, 82
9	Kirkintilloch Olympians (299)	45, 56, 98, 100
10	Ayr Seaforth AC (311)	66, 75, 76, 94
11	Falkirk Victoria H (343)	64, 88, 90, 101
12	Calderglen Harriers (404)	95, 99, 104, 106

National Cross Country Championships - Falkirk 22/2/2014 - U15 Boys

	Name	Club	Time
1	Ben Greenwood	Perth Strathtay Harriers	13:36
2	Tristan Rees	Fife AC	13:43
3	Adam Scott	Fife AC	13:55
4	Joseph Arthur	Edinburgh AC	14:00
5	Jamie MacKinnon	VP-Glasgow AC	14:02
6	Lewis MacAlpine	Stornoway Running & AC	14:08
7	Jamie Ingledew	Fife AC	14:09
8	Anthony Addison	Corstorphine AAC	14:11
9	George Conner	Fettes College	14:11
10	Martin Lynas	East Kilbride A.C.	14:16
11	Fraser Stirling	Ayr Seaforth AC	14:18
12	Stewart Millar	Aberdeen AAC	14:20
13	James Donald	Dundee Hawkhill H	14:23
14	Sol Sweeney	Perth Strathtay Harriers	14:24
15	Michael Swinton	Edinburgh AC	14:27
16	Cameron Main	Moray Road Runners	14:27
17	Max Milarvie	VP-Glasgow AC	14:29
18	George Rees	Fife AC	14:32
19	Jonathan Jackson	Corstorphine AAC	14:33
20	Aidan Comerford	Kilbarchan AAC	14:34
21	Paul Morrison	North Uist AAC	14:37
22	Conor Thomson	Kilbarchan AAC	14:37
23	Struan Paton	Ron Hill Cambuslang H	14:40
24	Oliver Watson-Sweeney	Giffnock North AAC	14:40
25	Matthew MacKinnon	Inverclyde AC	14:42
26	Gregor Gillespie	Law & District AAC	14:44
27	Euan Boyle	Fife AC	14:46
28	Conor O'Riordan	Aberdeen AAC	14:46
29	Gavin Smith	Ron Hill Cambuslang H	14:46
30	Michael Lowrie	Giffnock North AAC	14:48
31	John Law	VP-Glasgow AC	14:51
32	Keir Morton	Ron Hill Cambuslang H	14:56
33	Joshua Boyle	Ron Hill Cambuslang H	14:57
34	Owain Johnston	North Uist AAC	15:01
35	Lewis Serpell	VP-Glasgow AC	15:02
36	James Geddes	Inverness Harriers AAC	15:02
37	Matthew Smith	Lasswade AAC	15:03
38	Matthew Tonner	Dundee Hawkhill H	15:04
39	James Adam	Pitreavie AAC	15:04
40	Tyler White	Pitreavie AAC	15:06
41	Forbes Jackson	Corstorphine AAC	15:06
42	Gerron Stewart	Ron Hill Cambuslang H	15:06
43	Finlay Todd	Ross County Athletic Club	15:07
44	Vincent Jozajtis	Central AC	15:08
45	Joseph Lowrie	Giffnock North AAC	15:10
46	Josh Hendry	Kilbarchan AAC	15:12
47	Lewis Ross	Ayr Seaforth AC	15:16
48	Ewan Rae	VP-Glasgow AC	15:17
49	Harry Nimmo	Giffnock North AAC	15:17
50	Andrew Moreland	VP-Glasgow AC	15:20
51	Jamie Brotherston	Ayr Seaforth AC	15:30
52	Sam McNair	Kilbarchan AAC	15:32
53	Ethan Heather	Livingston & District AAC	15:36
54	Jamie Sturrock	Giffnock North AAC	15:37
55	Nathan Robinson	Greenock Glenpark H	15:37
56	Charlie Milarvie	VP-Glasgow AC	15:38
57	Andrew Love	Giffnock North AAC	15:39
58	Ross Nicolson	Ayr Seaforth AC	15:40
59	Rhys Sim	Ayr Seaforth AC	15:45
60	Wallace Ross	Kilbarchan AAC	15:47

	Name	Club	Time
61	Luke Poutney	Motherwell AC	15:48
62	Ben Fountain	Law & District AAC	15:48
63	Ruairdh Oliver-Jones	East Sutherland AC	15:49
64	Alex Bates	Edinburgh AC	15:52
65	Kyle Munro	Stornoway Running & AC	15:54
66	Brian Aird	Clydesdale Harriers	15:55
67	Aidan McCaffrey	Kirkintilloch Olympians	15:57
68	Nicholas Boyle	Giffnock North AAC	15:58
69	Callum Tharme	Gala Harriers	15:58
70	Andrew Merry	Dundee Hawkhill H	15:59
71	Euan Miller	Ron Hill Cambuslang H	16:01
72	Ewan McLevy	Ayr Seaforth AC	16:03
73	Keir Carolan	Giffnock North AAC	16:05
74	Aidan Kelly	Law & District AAC	16:08
75	Tormod Docherty	Inverclyde AC	16:11
76	Gregor Chambers	Helensburgh AAC	16:16
77	Archie Hodgson	Edinburgh AC	16:20
78	Finlay Strachan	Aberdeen AAC	16:21
79	Jamie Underwood	Edinburgh AC	16:25
80	Benjamin Dalziel	Shettleston Harriers	16:29
81	Lewis Bond	Giffnock North AAC	16:32
82	Calum Kitching	Banchory Stonehaven AC	16:32
83	Jake Scott	Kilbarchan AAC	16:33
84	Lewis Rome	Irvine Running Club	16:33
85	Adam Brady	VP-Glasgow AC	16:36
86	Paul Ireland	Edinburgh AC	16:38
87	Thomas Snodgrass	Lasswade AAC	16:40
88	Cameron Baird	Banchory Stonehaven AC	16:43
89	Lewis Hay	Clydesdale Harriers	16:44
90	Andrew McNair	Pitreavie AAC	16:45
91	Ross Malloch	East Kilbride A.C.	16:51
92	Sammy Hearl	Inverclyde AC	17:07
93	Struan Ross	Pitreavie AAC	17:12
94	Craig Weston	Garscube Harriers	17:15
95	Calum Ross	Clydesdale Harriers	17:19
96	Adam MacLellan	Ross County Athletic Club	17:19
97	Calum Marney	Giffnock North AAC	17:23
98	Lewis Priest	VP-Glasgow AC	17:25
99	Niall Turner	Shettleston Harriers	17:26
100	Liam Clark	Aberdeen AAC	17:31
101	Danny Smith	VP-Glasgow AC	17:36
102	Calum Esler	Garscube Harriers	17:38
103	Jamie Wastling	Central AC	17:40
104	Callum Campbell	Corstorphine AAC	17:40
105	Jamie Waugh	Teviotdale Harriers	17:47
106	Jack Anderson	Dundee Hawkhill H	17:50
107	Adam Laird	Motherwell AC	18:04
108	David Lees	Larkhall YMCA Harriers	18:09
109	Fraser Cousin	Lasswade AAC	18:23
110	Harry Lamond	Kirkintilloch Olympians	18:25
111	Bruce Cromar	Helensburgh AAC	18:27
112	Joseph Tottman	Teviotdale Harriers	18:50
113	Darren Carruthers	VP-Glasgow AC	18:52
114	Daniel Muir	Shettleston Harriers	18:54
115	Eamon Carr	Ron Hill Cambuslang H	19:05
116	Callum Coul	Ross County Athletic Club	19:09
117	David Wallace	Motherwell AC	19:12
118	Conor Butters	Law & District AAC	19:18
119	Fraser McLean	Livingston & District AAC	20:31
120	Logan Mathieson	Ross County Athletic Club	20:34

Teams				
Pos	Club	Name	Time	Pos
1	Fife AC (30)	Tristan Rees	13:43	2
		Adam Scott	13:55	3
		Jamie Ingledew	14:09	7
		George Rees	14:32	18
2	VP-Glasgow AC (88)	Jamie MacKinnon	14:02	5
		Max Milarvie	14:29	17
		John Law	14:51	31
		Lewis Serpell	15:02	35
3	Ron Hill Cambuslang H (117)	Struan Paton	14:40	23
		Gavin Smith	14:46	29
		Keir Morton	14:56	32
		Joshua Boyle	14:57	33
4	Kilbarchan AAC (140)	20, 22, 46, 52		
5	Giffnock North AAC (148)	24, 30, 45, 49		
6	Edinburgh AC (160)	4, 15, 64, 77		

7	Ayr Seaforth AC (167)	11, 47, 51, 58
8	Corstorphine AAC (172)	8, 19, 41, 104
9	Aberdeen AAC (218)	12, 28, 78, 100
10	Dundee Hawkhill H (227)	13, 38, 70, 106
11	Pitreavie AAC (262)	39, 40, 90, 93
12	Law & District AAC (280)	26, 62, 74, 118
13	Ross County Athletic Club (375)	43, 96, 116, 120

National Cross Country Championships - Falkirk 22/2/2014 - U17 Women

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Catriona Graves	Garscube Harriers	17:18
2	Kirstin Oakley	Ayr Seaforth AC	17:38
3	Gillian Black	VP-Glasgow AC	17:48
4	Gwen Gillham	Kilbarchan AAC	17:50
5	Eve MacKinnon	Ron Hill Cambuslang H	17:58
6	Hannah Addison	Corstorphine AAC	18:11
7	Annabel Simpson	Fife AC	18:11
8	Phoebe Crosthwaite	Edinburgh AC	18:34
9	Lauren Fraser	Inverness Harriers AAC	18:39
10	Peigi MacKellar	Stornoway R & AC	18:59
11	Nicole Scott	Giffnock North AAC	19:19
12	Rachel Saxon	Giffnock North AAC	19:19
13	Rebecca Saxby	Giffnock North AAC	19:28
14	Chloe Simpson	Inverclyde AC	19:29
15	Emily Strathdee	Edinburgh AC	19:36
16	Lise Theron	Aberdeen AAC	19:37
17	Hannah Cameron	Edinburgh AC	19:55
18	Mary MacIntosh	Nairn Area AAC	19:57
19	sarah findlay	Edinburgh AC	20:09
20	Zoe Brown	Perth Strathtay Harriers	20:15
21	Ailsa Cruickshanks	Fife AC	20:17
22	Lisa Rennie	Ayr Seaforth AC	20:17
23	Victoria Robertson	Kirkintilloch Olympians	20:24
24	Katie Turnbull	Kilbarchan AAC	20:34

	<i>Name</i>	<i>Club</i>	<i>Time</i>
25	Bethan McGregor	Edinburgh AC	20:35
26	Lucy McLeod	Aberdeen AAC	20:38
27	Rachel Watson	Edinburgh AC	20:43
28	Jennifer Ricketts	Deeside Runners	20:45
29	Anya Morrison	VP-Glasgow AC	20:49
30	Mhairi Boyle	Fife AC	20:51
31	Alison Broadhurst	Edinburgh AC	21:00
32	Niamh Shaw	Moorfoot Runners	21:27
33	Natalie McLeod	Falkirk Victoria Harriers	21:31
34	Kirsty Irwin	Motherwell AC	21:41
35	Bethany MacRae	Ayr Seaforth AC	21:43
36	Rachael King	Ayr Seaforth AC	21:55
37	Abbigail Mcinnes	VP-Glasgow AC	21:58
38	Nikki Hutcheson	Giffnock North AAC	22:02
39	Billie Armstrong	Edinburgh AC	22:29
40	Emma Ferrie	VP-Glasgow AC	22:29
41	Eve Sealy	Banchory Stonehaven AC	22:31
42	Megan Robertson	Helensburgh AAC	23:16
43	Niamh Jarvis	Edinburgh AC	23:39
44	Katrina Ballantyne	Dundee Hawkhill H	24:08
45	Hannah Stark	Law & District AAC	24:42
46	Margaret Newell	Law & District AAC	27:17
47	Amy Palmer	Ayr Seaforth AC	28:02

<i>Teams</i>				
<i>Pos</i>	<i>Club</i>	<i>Name</i>	<i>Time</i>	<i>Pos</i>
1	Giffnock North AAC (36)	Nicole Scott	19:19	11
		Rachel Saxon	19:19	12
		Rebecca Saxby	19:28	13
2	Edinburgh AC (40)	Phoebe Crosthwaite	18:34	8
		Emily Strathdee	19:36	15
		Hannah Cameron	19:55	17
3	Fife AC (58)	Annabel Simpson	18:11	7
		Ailsa Cruickshanks	20:17	21
		Mhairi Boyle	20:51	30
4	Ayr Seaforth AC (59)	2, 22, 35		
5	VP-Glasgow AC (69)	3, 29, 37		

National Cross Country Championships - Falkirk 22/2/2014 - U17 Men

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Jonathan Glen	Inverclyde AC	23:13
2	Gavin McArdle	Kilbarchan AAC	23:19
3	Euan Gillham	Kilbarchan AAC	23:32
4	Connor Maclean	Stornoway Running & AC	23:46
5	Craig Jardine	VP-Glasgow AC	23:58
6	Jordan Chapman	Aberdeen AAC	24:07
7	Josh Kerr	Edinburgh AC	24:19
8	Robert Bough	Edinburgh AC	24:22
9	Luke Foss	Law & District AAC	24:23
10	Aidan Thompson	Pitreavie AAC	24:24
11	Logan Rees	Fife AC	24:24
12	Alex Carcas	Edinburgh AC	24:33
13	Scott McKay	VP-Glasgow AC	24:49
14	Daniel Stansfield	Central AC	24:54
15	Michael MacMillan	Stornoway Running & AC	24:55
16	Jason McIntosh	Gala Harriers	24:57
17	Euan Trout	Kilbarchan AAC	25:06
18	Aidan Gilbride	East Kilbride A.C.	25:19
19	Max Lancaster	Giffnock North AAC	25:20
20	Euan McKerrall	Kilbarchan AAC	25:21
21	Cameron Harris	Central AC	25:22
22	Jack Kerr	Central AC	25:23
23	Ross Gollan	East Sutherland AC	25:26
24	Fraser Glass	VP-Glasgow AC	25:27
25	Andrew Fischbacher	Linlithgow AC	25:27
26	Steven Murray	Aberdeen AAC	25:32
27	Paul Harper	VP-Glasgow AC	25:36
28	Broc Drury	Gala Harriers	25:37
29	Iain Davies	Central AC	25:46
30	Dominic O'Hare	Edinburgh AC	25:54
31	Thomas Otton	Gala Harriers	26:03
32	Cameron Richardson	Cumbernauld AAC	26:11
33	Kobe Stevens	Moorfoot Runners	26:14
34	Callum Symmons	Aberdeen AAC	26:16
35	Alexander Chepelin	Aberdeen AAC	26:16
36	Scott Somerville	Ron Hill Cambuslang H	26:16
37	Luke Shaw	Inverness Harriers AAC	26:17
38	Cameron Dickson	Kilbarchan AAC	26:24
39	Scott McLardie	Kilbarchan AAC	26:32
40	Gavin Bryson	Gala Harriers	26:41
41	Sam MacNeil	Moorfoot Runners	26:54
42	Christopher Stewart	Giffnock North AAC	26:55
43	Ross Gray	Inverclyde AC	27:15

	<i>Name</i>	<i>Club</i>	<i>Time</i>
44	Logan Sirel	Kirkintilloch Olympians	27:16
45	Jamie Cousin	Lasswade AAC	27:18
46	Jack MacGregor	Ron Hill Cambuslang H	27:23
47	Cameron Young	Inverness Harriers AAC	27:23
48	Ewan McMillan	Banchory Stonehaven AC	27:26
49	Fergus Ingledew	Fife AC	27:29
50	Matthew Kilner	Aberdeen AAC	27:36
51	Mark Taylor	Caithness AAC	27:38
52	Evan Ross	Pitreavie AAC	27:41
53	Calum McCormack	VP-Glasgow AC	27:50
54	Daniel Martin	Motherwell AC	27:52
55	Euan Brodie	Giffnock North AAC	28:04
56	Andrew Johnstone	Inverness Harriers AAC	28:06
57	Sean Reilly	Ron Hill Cambuslang H	28:13
58	Ross Forbes	Inverclyde AC	28:24
59	Fionnbharr McDonald	Edinburgh AC	28:28
60	James Mercer	Gala Harriers	28:33
61	Tommy Henson	Perth Strathay Harriers	28:38
62	Connor Collins	Pitreavie AAC	28:44
63	Andrew Burnett	Aberdeen AAC	28:49
64	Ronan McKinstray	Fife AC	28:57
65	Stuart Leghorn	Law & District AAC	29:00
66	Sean Robinson	Glasgow University Hand H	29:05
67	Charlie Grimson	Strathearn Harriers	29:07
68	Brendan Carey	Ron Hill Cambuslang H	29:20
69	Fraser Auld	Kilbarchan AAC	29:32
70	Andrew Taylor	Edinburgh AC	29:37
71	Alastair White	Livingston & District AAC	29:39
72	Kyle A Mackenzie	Lasswade AAC	29:52
73	Andrew Stevenson	Maryhill Harriers	29:57
74	Dewi Gould	Giffnock North AAC	30:02
75	Gregor MacLennan	Inverness Harriers AAC	30:14
76	Gregor Dewhirst	Aberdeen AAC	30:16
77	Sam Fernando	Fife AC	31:26
78	Dillion Agnew	Irvine Running Club	31:26
79	Kyle Henderson	Pitreavie AAC	31:28
80	Benjamin Hindley	Moorfoot Runners	31:38
81	Corey Smith	Pitreavie AAC	31:42
82	Philip Allan	Clydesdale Harriers	32:05
83	Angus Lindsay	Strathearn Harriers	32:05
84	Darren Dolan	Clydesdale Harriers	32:16
85	Shaun Burke	Law & District AAC	35:54

<i>Teams</i>				
<i>Pos</i>	<i>Club</i>	<i>Name</i>	<i>Time</i>	<i>Pos</i>
1	Kilbarchan AAC (42)	Gavin McArdle	23:19	2
		Euan Gillham	23:32	3
		Euan Trout	25:06	17
		Euan McKerrall	25:21	20
2	Edinburgh AC (57)	Josh Kerr	24:19	7
		Robert Bough	24:22	8
		Alex Carcas	24:33	12
		Dominic O'Hare	25:54	30
3	VP-Glasgow AC (69)	Craig Jardine	23:58	5
		Scott McKay	24:49	13
		Fraser Glass	25:27	24
		Paul Harper	25:36	27
4	Central AC (86)	14, 21, 22, 29		

7	Giffnock North AAC (190)	19, 42, 55, 74
8	Fife AC (201)	11, 49, 64, 77
9	Pitreavie AAC (203)	10, 52, 62, 79
10	Ron Hill Cambuslang H (207)	36, 46, 57, 68
11	Inverness Harriers AAC (215)	37, 47, 56, 75

National Cross Country Championships - Falkirk 22/2/2014 - U20 Women

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Rachael Dunn	Edinburgh AC	17:01
2	Danielle Beattie	VP-Glasgow AC	17:26
3	Kathryn Pennel	Glasgow University AC	17:31
4	Abigail Bender	Fife AC	17:42
5	Mhairi MacIennan	Inverness Harriers AAC	17:47
6	Louise Mercer	Edinburgh Univ H & H	17:51
7	Katie Bristow	Ron Hill Cambuslang H	17:53
8	Harriet Rogers	Taunton AC	18:06
9	Moirra Stewart	Ron Hill Cambuslang H	18:09
10	Amy Frankland	Lasswade AAC	18:20
11	Elaine Eadie	Kilbarchan AAC	18:41
12	Annie Carroll	Edinburgh Univ H & H	18:49
13	Halina Rees	Fife AC	19:03
14	Terisa Woych	Dundee Hawhill H	19:07

	<i>Name</i>	<i>Club</i>	<i>Time</i>
15	Emily Greenan	Central AC	19:43
16	Laura Gibson	Fife AC	19:57
17	Sophie Collins	Moorfoot Runners	20:12
18	Isla Mackay	Lochaber AC	20:13
19	Mairi Brown	Ron Hill Cambuslang H	20:32
20	Amy Hendry	Central AC	20:42
21	Hazel Murray	Edinburgh Univ H & H	21:22
22	Sarah Henderson	Edinburgh Univ H & H	21:44
23	Jenny Nicolas	Edinburgh Univ H & H	21:55
24	Paige McConville	Giffnock North AAC	22:02
25	Amy Bristow	Edinburgh Univ H & H	22:34
26	Kate Gillies	Edinburgh Univ H & H	23:42
27	Lauren MacAlister	Edinburgh Univ H & H	23:54
28	Bronagh Wishart	Edinburgh Univ H & H	24:02

<i>Teams</i>				
<i>Pos</i>	<i>Club</i>	<i>Name</i>	<i>Time</i>	<i>Pos</i>
1	Fife AC (33)	Abigail Bender	17:42	4
		Halina Rees	19:03	13
		Laura Gibson	19:57	16
2	Ron Hill Cambuslang H (35)	Katie Bristow	17:53	7
		Moirra Stewart	18:09	9
		Mairi Brown	20:32	19
3	Edinburgh Univ H & H (39)	Louise Mercer	17:51	6
		Annie Carroll	18:49	12
		Hazel Murray	21:22	21

National Cross Country Championships - Falkirk 22/2/2014 - U20 Men

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Jake Wightman	Edinburgh AC	26:54
2	Dale Colley	Central AC	27:15
3	Ryan Thomson	Ron Hill Cambuslang H	27:24
4	Ben Stevenson	Edinburgh Univ H & H	27:32
5	Andrew Lawler	Edinburgh AC	27:44
6	Michael Ferguson	Banchory Stonehaven AC	27:49
7	Tom Watson	Central AC	27:55
8	Ross Tennant	Ipswich Harriers	28:03
9	Jamie Crowe	Stirling University AC	28:20
10	Alex Hill	Stirling University AC	28:23
11	Grant Muir	Giffnock North AAC	28:25
12	Ben Potrykus	Pitreavie AAC	28:30
13	Fergus Roberts	Stirling University AC	28:44
14	Rowan Marr	Lasswade AAC	29:03
15	Scott Stirling	Edinburgh Univ H & H	29:08
16	Alastair Thurlbeck	Glasgow University H and H	29:12
17	Callum Matthews	Kilbarchan AAC	29:15
18	Grant Boyne	Glasgow University H and H	29:32
19	Philip Wright	Central AC	29:42
20	Vincent Hastings	East Kilbride A.C.	29:56
21	Chris Ponton	Edinburgh AC	30:07
22	Michael Cameron	Edinburgh AC	30:12
23	Callum Mason	Edinburgh Univ H & H	30:20
24	Andrew Clark	Giffnock North AAC	30:22
25	Iain Gilmore	Stirling University AC	30:54

	<i>Name</i>	<i>Club</i>	<i>Time</i>
26	Ross Stephen	Ron Hill Cambuslang H	31:02
27	Alex Luetchford	Edinburgh Univ H & H	31:03
28	Stuart McLuckie	Law & District AAC	31:11
29	Callum Hunter	Inverclyde AC	31:17
30	Calum Murray	Edinburgh Univ H & H	31:31
31	Jacob Boyle	Ron Hill Cambuslang H	31:46
32	Liam Dale	Ron Hill Cambuslang H	31:50
33	Andrew Lawrie	Gala Harriers	31:59
34	Christopher Duffy	Falkirk Victoria Harriers	32:03
35	Jack Kirwan	East Kilbride A.C.	32:12
36	Stuart Michael	Inverness Harriers AAC	32:17
37	Jack Luscombe	Edinburgh Univ H & H	32:21
38	Ross Hill	Law & District AAC	32:32
39	Callum Smith	Corstorphine AAC	32:37
40	Adam Stark	Glasgow University H and H	33:01
41	Finlay MacLennan	Inverness Harriers AAC	33:16
42	Fraser Drummond	Edinburgh Univ H & H	33:55
43	Robert Todd	Inverclyde AC	34:32
44	Kieran Pugh	Kirkintilloch Olympians	34:50
45	German Moshes	Edinburgh Univ H & H	34:56
46	Douglas Holland	Ross County Athletic Club	35:39
47	Ryan White	Livingston & District AAC	37:50
48	Oliver Seglah	Glasgow University H and H	38:13
49	Andrew Bickerstaff	Hamilton Harriers	38:54

<i>Teams</i>				
<i>Pos</i>	<i>Club</i>	<i>Name</i>	<i>Time</i>	<i>Pos</i>
1	Edinburgh AC (49)	Jake Wightman	26:54	1
		Andrew Lawler	27:44	5
		Chris Ponton	30:07	21
		Michael Cameron	30:12	22
2	Stirling University AC (57)	Jamie Crowe	28:20	9
		Alex Hill	28:23	10
		Fergus Roberts	28:44	13
		Iain Gilmore	30:54	25
3	Edinburgh Univ H & H (69)	Ben Stevenson	27:32	4
		Scott Stirling	29:08	15
		Callum Mason	30:20	23
		Alex Luetchford	31:03	27
4	Ron Hill Cambuslang H (92)	3, 26, 31, 32		
5	Glasgow University H and H (122)	16, 18, 40, 48		

National Cross Country Championships - Falkirk 22/2/2014 - Senior Women

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Rhona Auckland (F Sen)	Edinburgh Univ H & H	28:09
2	Susan Partridge (F Sen)	VP - Glasgow AC	28:16
3	Elizabeth Potter (F Sen)	VP-Glasgow AC	28:24
4	Rosie Smith (F Sen)	Hunters Bog Trotters	28:37
5	Freya Ross (F Sen)	Edinburgh AC	28:41
6	Morag MacLarty (F Sen)	Central AC	29:28
7	Nicola Duncan (F Sen)	Portobello Running Club	29:35
8	Megan Crawford (F Sen)	Fife AC	29:45
9	Sarah Benson (F Sen)	Ron Hill Cambuslang H	29:49
10	Elsbeth Curran (F Sen)	Kilbarchan AAC	30:02
11	Jennifer Emsley (F Sen)	Central AC	30:04
12	Edel Mooney (F Sen)	Lothian Running Club	30:46
13	Helen Sharpe (F Sen)	Fife AC	30:48
14	Lesley Chisholm (F Sen)	Garscube Harriers	30:57
15	Shona McIntosh (F Sen)	Hunters Bog Trotters	30:57
16	Natalie Sharp (F Sen)	Kilbarchan AAC	31:01
17	Tessa Hill (F Sen)	Hunters Bog Trotters	31:07
18	Jessica Oliver-Bell (F Sen)	Shettleston Harriers	31:18
19	Christina Rankin (F Sen)	Kilbarchan AAC	31:24
20	Fiona Thompson (F Sen)	Central AC	31:28
21	Michelle Sandison (F Sen)	Springburn Harriers	31:38
22	Kara Tait (F Sen)	Kilmarnock H&AC	31:39
23	Fanni Gyurko (F Sen)	Central AC	31:51
24	Claire Gordon (F Sen)	Hunters Bog Trotters	31:54
25	Scout Adkin (F Sen)	Moorfoot Runners	31:59
26	Sula Gay/Young (F Sen)	Hunters Bog Trotters	32:01
27	Janet Dunbar (F40)	Edinburgh AC	32:01
28	Alexandra Lamond (F Sen)	Ron Hill Cambuslang H	32:07
29	Lauren Quee (F Sen)	Glasgow University H and H	32:10
30	Gemma Cormack (F Sen)	Aberdeen AAC	32:11
31	Moiria Davie (F Sen)	Forres Harriers	32:20
32	Keira Murray (F Sen)	Lasswade AAC	32:30
33	Sarah Louise MacIsaac (F Sen)	Hunters Bog Trotters	32:36
34	Avril Mason (F Sen)	Shettleston Harriers	32:40
35	Morag McCracken (F Sen)	Hunters Bog Trotters	32:49
36	Rebecca Burns (F Sen)	Pitreevie AAC	32:54
37	Hilary McGrath (F50)	Law & District AAC	32:54
38	Ruth Joss (F Sen)	Giffnock North AAC	32:56
39	Gillian Sangster (F40)	Dundee Road Runners AC	32:58
40	Amanda Woodrow (F Sen)	Edinburgh AC	33:00
41	Shona Robertson (F40)	Shettleston Harriers	33:02
42	Julie Gordon (F Sen)	Inverclyde AC	33:04
43	Amie McKimmie (F Sen)	Fife AC	33:07
44	Eilis McKechnie (F Sen)	Hunters Bog Trotters	33:13
45	Jennifer Forbes (F40)	Gala Harriers	33:15
46	Susan Ridley (F45)	Edinburgh AC	33:16
47	Megan Wright (F40)	Hunters Bog Trotters	33:18
48	Katie Devenney (F Sen)	Shettleston Harriers	33:23
49	Georgia Tindley (F Sen)	Edinburgh Univ H & H	33:39
50	Fiona Dalgleish (F40)	Gala Harriers	33:39
51	Amelia Lloyd (F Sen)	Hunters Bog Trotters	33:46
52	Sheenagh MacLulich (F Sen)	Edinburgh AC	33:49
53	Cara Sloss (F Sen)	Kilbarchan AAC	33:50
54	Ruth Gibson (F Sen)	Corstorphine AAC	33:51
55	Lauren Stoddart (F Sen)	Edinburgh AC	33:52
56	Rachel Armitage (F Sen)	Edinburgh Univ H & H	33:53
57	Donna Finlayson (F Sen)	VP-Glasgow AC	33:56
58	Stephanie Lawrie (F Sen)	Edinburgh Univ H & H	34:04
59	Sarah O'Neil (F Sen)	Hunters Bog Trotters	34:08
60	Neah Evans (F Sen)	Shettleston Harriers	34:11
61	Rose Nicholson (F Sen)	Hunters Bog Trotters	34:13
62	Jacqui Thomson (F50)	VP-Glasgow AC	34:16
63	Claire McArthur (F Sen)	Hamilton Harriers	34:19
64	Briony Curtis (F Sen)	Hunters Bog Trotters	34:21
65	Gillian Carr (F Sen)	Corstorphine AAC	34:24
66	Megan Mowbray (F Sen)	Hunters Bog Trotters	34:27
67	Heather Langham (F Sen)	Edinburgh Univ H & H	34:32
68	Yvonne Hamilton (F Sen)	Giffnock North AAC	34:34
69	Alison Winship (F40)	Shettleston Harriers	34:34
70	Nynke Mulholland (F Sen)	Inverclyde AC	34:35
71	Leanne Hamilton (F Sen)	Kilbarchan AAC	34:39
72	Kate Jenkins (F Sen)	Gala Harriers	34:44
73	Kirstie Rogan (F Sen)	Forres Harriers	34:52
74	Rhona Anderson (F50)	Dunbar Running Club	34:55
75	Sarah Sigsworth (F Sen)	Edinburgh Univ H & H	34:57
76	Jennifer Kibble (F Sen)	Fife AC	34:58
77	Lynsey Lennox (F Sen)	Dumbarton AAC	35:10
78	Kirsty Anderson (F Sen)	Ron Hill Cambuslang H	35:10
79	Jennifer Clark (F40)	Bellahouston Harriers	35:12
80	Fabienne Thompson (F45)	Carnegie Harriers	35:15
81	Karen Dobbie (F45)	Edinburgh AC	35:16
82	Megan Smith (F Sen)	Corstorphine AAC	35:21
83	Lindsay McMahon (F40)	Kilmarnock H&AC	35:25

	<i>Name</i>	<i>Club</i>	<i>Time</i>
84	Melissa Wylie (F45)	Dumbarton AAC	35:30
85	Louise Ross (F Sen)	Bellahouston Road R	35:31
86	Ann Hood (F Sen)	Portobello Running Club	35:34
87	Jenny Dybeck (F Sen)	Edinburgh Univ H & H	35:36
88	Michelle Hetherington (F45)	Helensburgh AAC	35:37
89	Emma Raven (F Sen)	Central AC	35:38
90	Isobel Burnett (F55)	Carnegie Harriers	35:44
91	Jennifer Rooney (F Sen)	Kilbarchan AAC	35:45
92	Charlene Kelly (F Sen)	Dumbarton AAC	35:45
93	Patricia Milne (F50)	Central AC	35:52
94	Elsie Downham (F Sen)	Bellahouston Road R	35:57
95	Mairead Kelly (F Sen)	Hunters Bog Trotters	35:57
96	Rebecca Beale (F Sen)	Helensburgh AAC	36:00
97	Robyn Maxtone (F Sen)	Falkirk Victoria Harriers	36:03
98	Hazel Dean (F50)	Central AC	36:04
99	Karolina Kivimäski (F Sen)	Glasgow University H and H	36:09
100	Anya Campbell (F40)	Gala Harriers	36:14
101	Gail Murdoch (F45)	Carnegie Harriers	36:19
102	Caitie Gorton-Phillips (F Sen)	Ron Hill Cambuslang H	36:19
103	Keziah Higgins (F Sen)	Harmony AC	36:21
104	Jennifer Telford (F40)	Scottish Prison Service	36:21
105	Morag Taggart (F50)	Dundee Road Runners AC	36:22
106	Fiona Hegarty (F Sen)	Edinburgh AC	36:22
107	Emma Laverie (F Sen)	Edinburgh AC	36:24
108	Barbara Knox (F50)	Springburn Harriers	36:29
109	Yvonne Crilly (F50)	Livingston & District AAC	36:32
110	Gillian Duncan (F40)	Gala Harriers	36:34
111	Phyllis O'Brien (F50)	Hunters Bog Trotters	36:38
112	Shona Donnelly (F45)	Bellahouston Road R	36:39
113	Stephanie McDowall (F Sen)	Portobello Running Club	36:39
114	Julie Beveridge (F Sen)	Calderglen Harriers	36:42
115	Lynne Murray (F50)	Lothian Running Club	36:51
116	Michelle Scobie (F Sen)	Portobello Running Club	36:52
117	Joda Quigley (F Sen)	Westerlands XC Club	36:53
118	Emily Greaves (F Sen)	Strathearn Harriers	36:54
119	Ceit Stewart (F Sen)	Stornoway Running & AC	36:54
120	Sinead O' Malley (F Sen)	Hunters Bog Trotters	36:57
121	Alayne Finlay (F Sen)	Ochil Hill Runners	36:59
122	Eilidh Wardlaw (F Sen)	Hunters Bog Trotters	37:02
123	Diane Clark (F Sen)	Garscube Harriers	37:10
124	Lorna Sloan (F45)	Kilmarnock H&AC	37:11
125	Annamarie McCaffrey (F45)	Kirkintilloch Olympians	37:12
126	Sheila Lewis (F45)	Giffnock North AAC	37:15
127	Rebeca Fortes-Martin (F Sen)	Kilbarchan AAC	37:17
128	Elaine Davies (F40)	Edinburgh AC	37:17
129	Fiona Shepherd (F45)	Gala Harriers	37:20
130	Debra Murray (F Sen)	Lasswade AAC	37:20
131	Sharon McKinley (F Sen)	Bellahouston Harriers	37:22
132	Hilary Millar (F45)	Giffnock North AAC	37:26
133	Bernadette O'Neil (F45)	Bellahouston Harriers	37:30
134	Fiona Wright (F40)	Portobello Running Club	37:36
135	Christine MacVarish (F40)	Lothian Running Club	37:40
136	Rebecca Parry (F Sen)	Helensburgh AAC	37:40
137	Erica Christie (F55)	Bellahouston Harriers	37:44
138	Sarah Hutt (F Sen)	Kinross Road Runners	37:48
139	Jo Schreiber (F45)	Girvan AAC	37:53
140	Catherine Dickson (F40)	Lasswade AAC	37:57
141	Catriona Fisher (F Sen)	Westerlands XC Club	37:58
142	Joanne McEvoy (F Sen)	Calderglen Harriers	38:01
143	Lorna Broadhurst (F50)	Harmony AC	38:02
144	Claire Gilchrist (F45)	Ferranti AAC	38:04
145	Kirsty Baird (F40)	Carnegie Harriers	38:08
146	Joeleen Mckean (F Sen)	Gala Harriers	38:10
147	Frances Maxwell (F45)	Calderglen Harriers	38:15
148	Carrie Craig (F Sen)	Hunters Bog Trotters	38:17
149	Dawn Grant (F40)	Gala Harriers	38:18
150	Marie McChord (F50)	Kirkintilloch Olympians	38:20
151	Julia Drewer (F Sen)	Ferranti AAC	38:22
152	Emma Kay (F Sen)	VP-Glasgow AC	38:26
153	Rhonda White (F40)	Greenock Glenpark H	38:33
154	Nicola Flynn (F40)	Falkirk Victoria Harriers	38:41
155	Madeline Smillie (F40)	Bellahouston Road R	38:44
156	Saran Jones (F50)	Lothian Running Club	38:48
157	Rebecca Croney (F Sen)	Edinburgh Univ H & H	38:48
158	Katherine Golding (F Sen)	Hunters Bog Trotters	38:49
159	Elizabeth Adams (F Sen)	Westerlands XC Club	38:55
160	Li Wang (F50)	Giffnock North AAC	38:57
161	Kristina Greig (F Sen)	Bellahouston Harriers	39:01
162	Fiona Drake (F Sen)	Corstorphine AAC	39:08
163	Caroline Lawless (F50)	Falkirk Victoria Harriers	39:10
164	Frances Wood (F55)	Linlithgow AC	39:13
165	Karen Allen (F Sen)	Calderglen Harriers	39:17
166	Jane Dunlop (F Sen)	Dundee Road Runners AC	39:20

167	julia lutte (F Sen)	Hunters Bog Trotters	39:23
168	Ausrine Ward (F Sen)	Kirkintilloch Olympians	39:28
169	Donna Clark (F Sen)	Greenock Glenpark H	39:37
170	Paula Wilson (F45)	Kilmarnock H&AC	39:39
171	Alison Marven (F Sen)	Falkirk Victoria Harriers	39:39
172	Fiona Kelsall (F40)	Ochil Hill Runners	39:44
173	Jayne Macnamara (F40)	Bellahouston Harriers	39:45
174	Maxine McOuatt (F Sen)	Metro Aberdeen RC	39:48
175	Monica Flanagan (F40)	Portobello Running Club	40:07
176	Janet McWhinnie (F45)	Fife AC	40:11
177	Ada Stewart (F50)	Kirkintilloch Olympians	40:13
178	Nicola May (F40)	Scottish Prison Service	40:15
179	Anne Noble (F50)	Troon Tortoises AC	40:19
180	Jessica Dewar (F Sen)	Hunters Bog Trotters	40:21
181	Camilla Sims (F Sen)	Bellahouston Road R	40:21
182	Anne Weir (F40)	Gala Harriers	40:30
183	Alison McNeillage (F40)	Hunters Bog Trotters	40:35
184	Pamela Cruickshanks (F45)	Anster Haddies RC	40:40
185	Julia Loecherbach (F Sen)	Ferranti AAC	40:41
186	Arlene Botha (F Sen)	Gala Harriers	40:43
187	Emma Bryce (F Sen)	Bellahouston Harriers	40:44
188	Morna Fleming (F60)	Carnegie Harriers	40:48
189	Hilary Stocks (F40)	Linlithgow AC	40:52
190	Phyllis Hands (F55)	Motherwell AC	40:56
191	Julia McDonald (F Sen)	Bellahouston Road R	40:57
192	Sarah Anderson (F Sen)	Corstorphine AAC	40:58
193	Joanne Pitt (F Sen)	Dumbarton AAC	41:00
194	Eileen Nicol (F45)	Gala Harriers	41:08
195	Judith Macgregor (F Sen)	Bellahouston Road R	41:10
196	Kara Tar (F Sen)	Hunters Bog Trotters	41:11
197	Lorna Mahoney (F45)	Milburn Harriers	41:12
198	Amy Jones (F Sen)	Hunters Bog Trotters	41:14
199	Jenni Owens (F Sen)	Portobello Running Club	41:15
200	Claire Brisbane (F Sen)	Central AC	41:16
201	Elaine Mulcahy (F Sen)	Giffnock North AAC	41:24
202	Linden Nicholson (F60)	Lasswade AAC	41:28
203	Karen Robertson (F45)	Troon Tortoises AC	41:32
204	Louise Sutherland (F45)	Giffnock North AAC	41:41
205	Nadine McAlpine (F Sen)	Linlithgow AC	41:45
206	Pauline McAdam (F55)	Teviotdale Harriers	41:50

207	Sarah Bridge (F40)	Scottish Prison Service	41:59
208	Marian Monk (F40)	Greenock Glenpark H	42:03
209	Christine Catterson (F50)	VP-Glasgow AC	42:07
210	Anne Hay (F50)	Dunbar Running Club	42:11
211	Suzanne Boyle (F Sen)	Bellahouston Harriers	42:15
212	Caroline Mutch (F Sen)	Troon Tortoises AC	42:33
213	Margaret Spalding (F Sen)	Hunters Bog Trotters	42:37
214	Vivien Fraser (F45)	Kirkintilloch Olympians	42:41
215	Hylde Stewart (F55)	Clydesdale Harriers	42:44
216	Ellie Carr (F40)	Portobello Running Club	42:55
217	Valerie Wilson (F45)	Metro Aberdeen RC	43:00
218	Lucy Mackay (F45)	Bellahouston Road R	43:03
219	Sarah Whalen (F Sen)	Scottish Prison Service	43:03
220	Kirsty Reid (F Sen)	Kilbarchan AAC	43:07
221	Sandra McDougall (F45)	Portobello Running Club	43:10
222	Carla Ward (F Sen)	Bellahouston Road R	43:14
223	Louise Provan (F Sen)	Hunters Bog Trotters	43:22
224	Emma Baker (F40)	Hunters Bog Trotters	43:42
225	Katy Smith (F40)	Bellahouston Harriers	43:52
226	Lesley Harvey (F Sen)	Hamilton Harriers	43:53
227	Hayley McCrorie (F Sen)	Bellahouston Road R	44:03
228	Karen Forsyth (F Sen)	Carnegie Harriers	44:19
229	Chi My Ta (F Sen)	Bellahouston Road R	44:29
230	Vicki Hopewell (F Sen)	Bellahouston Harriers	44:37
231	Karen McKinlay (F50)	Lasswade AAC	44:47
232	Elizabeth Gilchrist (F65)	Ferranti AAC	44:49
233	Caroline Iley (F Sen)	Portobello Running Club	44:56
234	Moir Connell (F50)	Troon Tortoises AC	45:31
235	Ashley Traynor (F Sen)	Irvine Running Club	45:41
236	Jill Herbert (F Sen)	Bellahouston Road R	46:02
237	Donna Inglis (F45)	Teviotdale Harriers	46:07
238	Claudia Scragg (F Sen)	Metro Aberdeen RC	46:16
239	Debs Lindsay (F50)	Kirkintilloch Olympians	46:39
240	Janice Smith (F55)	Hunters Bog Trotters	46:50
241	Shirley MacNab (F45)	Kirkintilloch Olympians	48:10
242	Sheila Fleming (F65)	Westerlands XC Club	48:46
243	Sharon Taylor (F50)	Westerlands XC Club	50:00
244	Patricia McLaughlin (F60)	Westerlands XC Club	50:39
245	Anita Cook (F Sen)	Portobello Running Club	51:34
246	Lyndsay Moffat (F Sen)	Hamilton Harriers	52:12

Teams				
Pos	Club	Name	Time	Pos
1	Central AC (60)	Morag MacLarty (F Sen)	29:28	6
		Jennifer Emsley (F Sen)	30:04	11
		Fiona Thompson (F Sen)	31:28	20
		Fanni Gyurko (F Sen)	31:51	23
2	Hunters Bog Trotters (60)	Rosie Smith (F Sen)	28:37	4
		Shona McIntosh (F Sen)	30:57	15
		Tessa Hill (F Sen)	31:07	17
		Claire Gordon (F Sen)	31:54	24
3	Kilbarchan AAC (98)	Elspeth Curran (F Sen)	30:02	10
		Natalie Sharp (F Sen)	31:01	16
		Christina Rankin (F Sen)	31:24	19
		Cara Sloss (F Sen)	33:50	53
4	Edinburgh AC (118)	5, 27, 40, 46		
5	VP-Glasgow AC (124)	2, 3, 57, 62		
6	Fife AC (140)	8, 13, 43, 76		
7	Shettleston Harriers (141)	18, 34, 41, 48		
8	Edinburgh Univ H & H (164)	1, 49, 56, 58		
9	Ron Hill Cambuslang H (217)	9, 28, 78, 102		

10	Gala Harriers (267)	45, 50, 72, 100
11	Portobello Running Club (322)	7, 86, 113, 116
12	Corstorphine AAC (363)	54, 65, 82, 162
13	Giffnock North AAC (364)	38, 68, 126, 132
14	Kilmarnock H&AC' (399)	22, 83, 124, 170
15	Carnegie Harriers (416)	80, 90, 101, 145
16	Lothian Running Club (418)	12, 115, 135, 156
17	Bellahouston Road R (446)	85, 94, 112, 155
18	Dumbarton AAC (446)	77, 84, 92, 193
19	Bellahouston Harriers (480)	79, 131, 133, 137
20	Lasswade AAC (504)	32, 130, 140, 202
21	Calderglen Harriers (568)	114, 142, 147, 165
22	Falkirk Victoria Harriers (585)	97, 154, 163, 171
23	Kirkintilloch Olympians (620)	125, 150, 168, 177
24	Westerlands XC Club (659)	117, 141, 159, 242
25	Scottish Prison Service (708)	104, 178, 207, 219
26	Ferranti AAC (712)	144, 151, 185, 232
27	Troon Tortoises AC (828)	179, 203, 212, 234

National Cross Country Championships - Falkirk 22/2/2014 - Senior Men

	<i>Name</i>	<i>Club</i>	<i>Time</i>
1	Callum Hawkins (M Sen)	Kilbarchan AAC	37:41
2	Andrew Butchart (M Sen)	Central AC	38:36
3	Teweldeberhan Mengisteab (M Sen)	Shettleston Harriers	38:54
4	Alexander Hendry (M Sen)	Central AC	38:56
5	Sean Fontana (M Sen)	VP-Glasgow AC	38:59
6	Alastair Hay (M Sen)	Central AC	39:02
7	Robbie Simpson (M Sen)	Deeside Runners	39:05
8	Robert Russell (M Sen)	Central AC	39:33
9	Murray Strain (M Sen)	Hunters Bog Trotters	39:36
10	Dougie Selman (M Sen)	Corstorphine AAC	39:37
11	Michael Crawley (M Sen)	Corstorphine AAC	40:08
12	John Newsom (M Sen)	Central AC	40:16
13	Max McNeill (M Sen)	Lothian Running Club	40:21
14	Craig Ruddy (M Sen)	Inverclyde AC	40:26
15	Kristopher Gauson (M Sen)	Inverclyde AC	40:28
16	Kyle McLellan (M Sen)	Ron Hill Cambuslang H	40:44
17	Robert Gilroy (M Sen)	Ron Hill Cambuslang H	40:46
18	Iain MacCorquodale (M Sen)	Ron Hill Cambuslang H	40:51
19	Paul Sorrie (M Sen)	Shettleston Harriers	40:54
20	Sean Reilly (M Sen)	Central AC	40:57
21	Benjamin Hukins (M Sen)	Ron Hill Cambuslang H	41:00
22	Joe Symonds (M Sen)	Hunters Bog Trotters	41:07
23	Calum McKenzie (M Sen)	Corstorphine AAC	41:09
24	Keith Hood (M40)	Corstorphine AAC	41:16
25	Lewis Millar (M Sen)	Central AC	41:23
26	Patryk Gierjatowicz (M Sen)	Hunters Bog Trotters	41:24
27	Mark Pollard (M Sen)	Inverclyde AC	41:28
28	Gwyn Bellamy (M Sen)	Westerlands XC Club	41:31
29	Barney Phillips (M Sen)	Lasswade AAC	41:35
30	Chris Wilson (M Sen)	Ron Hill Cambuslang H	41:47
31	Andrew Wright (M Sen)	Ochil Hill Runners	41:49
32	Thomas Owens (M Sen)	Shettleston Harriers	42:05
33	Bryan Mackie (M Sen)	Edinburgh AC	42:30
34	Grant Baillie (M Sen)	East Kilbride A.C.	42:35
35	Andrew Fallas (M Sen)	Carnethy Hill RC	42:37
36	James Bruce Waldie (M Sen)	Edinburgh Univ H & H	42:41
37	Greg Turner (M Sen)	Giffnock North AAC	42:49
38	Bryan Clark (M Sen)	Corstorphine AAC	42:49
39	Richard Meade (M Sen)	Edinburgh AC	42:50
40	Iain Whiteside (M Sen)	Carnethy Hill RC	42:51
41	Myles Bax (M Sen)	Glasgow University H and H	42:51
42	David Phee (M Sen)	Giffnock North AAC	42:57
43	Ryan Riddell (M Sen)	Corstorphine AAC	42:59
44	Mark Haskett (M Sen)	Aberdeen AAC	43:00
45	Michael Deason (M Sen)	Shettleston Harriers	43:06
46	James Joy (M Sen)	Aberdeen AAC	43:10
47	Donald Macaulay (M Sen)	Corstorphine AAC	43:16
48	Edward Dudgeon (M Sen)	Edinburgh AC	43:17
49	Stuart Johnston (M Sen)	Edinburgh AC	43:24
50	Donald Naylor (M40)	Hunters Bog Trotters	43:29
51	Graham Bee (M Sen)	Inverness Harriers AAC	43:37
52	Tom Cunningham (M Sen)	Corstorphine AAC	43:40
53	Kevin Brydon (M Sen)	Shettleston Harriers	43:41
54	Tom Martyn (M Sen)	Hunters Bog Trotters	43:47
55	Alasdair Anthony (M Sen)	Hunters Bog Trotters	43:54
56	Bobby Bristow (M Sen)	Ron Hill Cambuslang H	44:06
57	Dean Cunningham (M Sen)	Inverness Harriers AAC	44:06
58	Gareth Jenkins (M40)	Moray Road Runners	44:06
59	Gareth Green (M Sen)	Portobello Running Club	44:08
60	Kenneth Wilson (M Sen)	Moray Road Runners	44:09
61	Callum Reid (M Sen)	Haddington East Lothian P	44:10
62	Peter Avent (M Sen)	Lasswade AAC	44:11
63	Daniel Gay (M Sen)	Hunters Bog Trotters	44:15
64	Gordon Clarke (M40)	Corstorphine AAC	44:16
65	Leon Johnson (M Sen)	Edinburgh AC	44:19
66	Graeme Campbell (M Sen)	Ochil Hill Runners	44:22
67	Robbie Paterson (M Sen)	Forres Harriers	44:25
68	Conor McNulty (M Sen)	Kilbarchan AAC	44:26
69	Adam Rouse (M Sen)	Edinburgh AC	44:27
70	Andrew Harkins (M Sen)	Greenock Glenpark H	44:29
71	Jamie Reid (M40)	Ron Hill Cambuslang H	44:32
72	Martin Gore (M Sen)	Lasswade AAC	44:38
73	William Townsend (M Sen)	Hunters Bog Trotters	44:46
74	Barry Paterson (M Sen)	Falkirk Victoria Harriers	44:48
75	Gordon Robertson (M Sen)	Ron Hill Cambuslang H	44:49
76	Dave Ward (M Sen)	Hunters Bog Trotters	44:49
77	Tom Ferrington (M Sen)	Corstorphine AAC	44:52
78	Crispin Walsh (M40)	Bellahouston Harriers	44:55
79	John Brogan (M Sen)	Falkirk Victoria Harriers	44:56
80	Alastair Ewen (M40)	Bellahouston Road R	44:58
81	Paul Miller (M40)	Inverness Harriers AAC	44:59
82	Stuart Campbell (M45)	Corstorphine AAC	44:59
83	David Wright (M Sen)	Hunters Bog Trotters	45:01

	<i>Name</i>	<i>Club</i>	<i>Time</i>
84	Adam Peters (M Sen)	Shettleston Harriers	45:02
85	Fergus Johnston (M Sen)	Gala Harriers	45:03
86	Stephen Allan (M40)	Kirkintilloch Olympians	45:04
87	Jamie Clements (M Sen)	East Kilbride A.C.	45:05
88	Derek Rae (M Sen)	Anster Haddies RC	45:06
89	Steven Campbell (M40)	Greenock Glenpark H	45:09
90	Arjuna Sivakumaran (M Sen)	Edinburgh Univ H & H	45:10
91	Craig Reid (M Sen)	Bellahouston Road R	45:13
92	Philip Mowbray (M40)	Hunters Bog Trotters	45:18
93	Kenny O'Neill (M Sen)	Ron Hill Cambuslang H	45:23
94	William Nicholson (M Sen)	Haddington East Lothian P	45:24
95	Shaun Lyon (M Sen)	Greenock Glenpark H	45:26
96	William MacRury (M Sen)	Stornoway Running & AC	45:28
97	Euan Martin (M Sen)	Falkirk Victoria Harriers	45:33
98	Attila Emmer (M Sen)	Central AC	45:34
99	Thomas McDonald (M Sen)	Kilbarchan AAC	45:35
100	John Denovan (M Sen)	Westerlands XC Club	45:36
101	Greig Glendinning (M40)	Bellahouston Road R	45:37
102	Andrew MacRae (M Sen)	Inverness Harriers AAC	45:39
103	Graeme Murdoch (M Sen)	Gala Harriers	45:40
104	John Macnamara (M Sen)	Ron Hill Cambuslang H	45:45
105	Mark Harris (M40)	Fife AC	45:50
106	Gordon Barrie (M40)	Dundee Hawkhill H	45:55
107	Steven Prentice (M Sen)	Bellahouston Harriers	45:58
108	Scott Pilkington (M Sen)	Corstorphine AAC	45:59
109	Sean Gaffney (M Sen)	Inverclyde AC	46:00
110	Neil Gunstone (M Sen)	Dundee Hawkhill H	46:00
111	Ciaran Dougherty (M Sen)	Bellahouston Road R	46:01
112	Brian Turner (M40)	Falkirk Victoria Harriers	46:02
113	Darran Muir (M Sen)	Law & District AAC	46:02
114	Andrew Murphy (M Sen)	Fife AC	46:05
115	Peter Moffett (M Sen)	Falkirk Victoria Harriers	46:12
116	Ross Milne (M Sen)	Corstorphine AAC	46:13
117	Shaun Butler (M Sen)	Ron Hill Cambuslang H	46:14
118	Graeme Paterson (M Sen)	Bellahouston Road R	46:15
119	Edward Stewart (M55)	Ron Hill Cambuslang H	46:19
120	Brian Robertson (M Sen)	Shettleston Harriers	46:19
121	Tom Brian (M Sen)	Metro Aberdeen RC	46:20
122	Chris Clarke (M Sen)	Glasgow University H and H	46:21
123	Ross Clark (M Sen)	Hunters Bog Trotters	46:22
124	Peter Buchanan (M50)	Portobello Running Club	46:23
125	Christopher MacDonald (M Sen)	Motherwell AC	46:24
126	Bruce Carse (M Sen)	Bellahouston Road R	46:25
127	Louis O'Hare (M40)	Kirkintilloch Olympians	46:27
128	Steven O'Brien (M Sen)	Corstorphine AAC	46:31
129	Michael McQuaid (M50)	Falkirk Victoria Harriers	46:32
130	Chris Greenhaugh (M40)	Giffnock North AAC	46:36
131	David Mackintosh (M Sen)	Kilbarchan AAC	46:37
132	Scott Green (M Sen)	Central AC	46:41
133	Doug Murray (M Sen)	Hunters Bog Trotters	46:44
134	Christopher Moses (M Sen)	Helensburgh AAC	46:44
135	Colin Partridge (M Sen)	Lothian Running Club	46:45
136	Andrew Joyce (M Sen)	Stornoway Running & AC	46:48
137	Colin Feechan (M55)	Ron Hill Cambuslang H	46:49
138	Russell Whittington (M40)	Bellahouston Road R	46:50
139	Neil Walker (M Sen)	Kilmarnock H&AC	46:51
140	James McLaughlin (M Sen)	Dumbarton AAC	46:53
141	Scott Martin (M45)	Kilmarnock H&AC	46:53
142	Paul Carroll (M40)	Clydesdale Harriers	46:53
143	John Redding (M Sen)	Linlithgow AC	46:54
144	Paddy Jumelle (M Sen)	Corstorphine AAC	46:57
145	Iain Wallace (M Sen)	Falkirk Victoria Harriers	46:59
146	Jasmair Pal (M Sen)	Ron Hill Cambuslang H	47:00
147	David Houston (M Sen)	Glasgow University H and H	47:01
148	Kenny Macpherson (M45)	Ron Hill Cambuslang H	47:01
149	Alistair Hart (M40)	Hunters Bog Trotters	47:03
150	Michael McLoone Snr (M50)	Greenock Glenpark H	47:05
151	Alastair Brockie (M Sen)	Corstorphine AAC	47:09
152	Ted Gourley (M50)	Giffnock North AAC	47:14
153	Graeme Fletcher (M50)	Corstorphine AAC	47:15
154	Alan Tait (M40)	Motherwell AC	47:19
155	Iain Burns (M Sen)	Bellahouston Road R	47:21
156	Patrick O'Kane (M50)	Strathearn Harriers	47:21
157	Tom Watterson (M Sen)	Hamilton Harriers	47:22
158	Stephen (jnr) Paris (M Sen)	Ron Hill Cambuslang H	47:22
159	Christopher Mchardy (M Sen)	Central AC	47:23
160	Barry Gibson (M Sen)	Metro Aberdeen RC	47:23
161	James Wright (M55)	Hunters Bog Trotters	47:23
162	Luke Chamberlain (M40)	Giffnock North AAC	47:24
163	Robert O'Neill (M Sen)	Clydesdale Harriers	47:25
164	Adrian Davis (M50)	Carnethy Hill RC	47:26
165	Paul Monaghan (M40)	Greenock Glenpark H	47:26
166	Alasdair MacMillan (M Sen)	Metro Aberdeen RC	47:26

167	Daniel Clarkson (M Sen)	Edinburgh AC	47:27
168	Peter Mackie (M Sen)	Shettleston Harriers	47:28
169	David Weir (M50)	Forres Harriers	47:29
170	Iain Macdonald (M Sen)	Edinburgh AC	47:30
171	Ewan Jack (M40)	Central AC	47:30
172	David Clark (M Sen)	Carnegie Harriers	47:31
173	Euan McInnes (M40)	Lothian Running Club	47:31
174	Gordon Crawford (M45)	Central AC	47:32
175	Stuart McGeachy (M Sen)	Campbeltown RC	47:32
176	Keith Dunlop (M Sen)	Edinburgh AC	47:32
177	Paul Leck (M Sen)	Kilbarchan AAC	47:36
178	Kevin Cormack (M45)	North Highland Harriers	47:37
179	Michael Diver (M45)	Clydesdale Harriers	47:43
180	Donald McPartlin (M Sen)	Garscube Harriers	47:44
181	Michael Sweeney (M Sen)	Westerlands XC Club	47:49
182	Scott Hunter (M40)	Ron Hill Cambuslang H	47:54
183	Colin McCall (M Sen)	Gala Harriers	47:55
184	Andrew Gilmore (M Sen)	Stirling University AC	47:56
185	Jason Steele (M40)	Giffnock North AAC	47:58
186	Martin Ferguson (M45)	Edinburgh AC	47:59
187	Mark McColi (M Sen)	Shettleston Harriers	48:01
188	David Moffat (M Sen)	Gala Harriers	48:04
189	Lachlan Calder (M Sen)	Aberdeen AAC	48:06
190	Michael Grant (M Sen)	Hunters Bog Trotters	48:09
191	Andrew Matheson (M50)	Lasswade AAC	48:16
192	Gary Mitchell (M45)	Kirkintilloch Olympians	48:16
193	Paul Taylor (M Sen)	Moray Road Runners	48:18
194	Iain Robertson (M Sen)	Clydesdale Harriers	48:19
195	Christopher O'Brien (M Sen)	Corstorphine AAC	48:19
196	Norman Ferguson (M Sen)	Stornoway Running & AC	48:19
197	Colin Green (M40)	Moray Road Runners	48:21
198	Kenny Steele (M45)	Inverness Harriers AAC	48:22
199	Stuart Douglas (M Sen)	Falkirk Victoria Harriers	48:23
200	James Harrison (M Sen)	Corstorphine AAC	48:23
201	John Oates (M50)	Shettleston Harriers	48:23
202	James Healy (M45)	Ron Hill Cambuslang H	48:26
203	Andrew Laycock (M45)	Kinross Road Runners	48:29
204	Mark Bryson (M45)	Gala Harriers	48:30
205	John Murray (M Sen)	Lasswade AAC	48:31
206	William Jarvie (M55)	Portobello Running Club	48:32
207	Alan Derrick (M45)	Calderglen Harriers	48:35
208	Chris Boyce (M Sen)	Ayr Seaforth AC	48:37
209	Andrew McDonald (M Sen)	Edinburgh AC	48:38
210	Steven King (M40)	Carnegie Harriers	48:39
211	Ian Rowland (M50)	Dunbar Running Club	48:39
212	Mark Johnston (M40)	Carnethy Hill RC	48:40
213	Brian Douglas (M40)	Bellahouston Harriers	48:41
214	Graham Crawford (M55)	Springburn Harriers	48:45
215	Alick Walkinshaw (M50)	Ron Hill Cambuslang H	48:47
216	James Austin (M45)	Clydesdale Harriers	48:54
217	Brian Campbell (M40)	Ron Hill Cambuslang H	48:55
218	Niall Walker (M Sen)	East Kilbride A.C.	48:56
219	Duncan Thomson (M40)	VP-Glasgow AC	48:57
220	Colin Alexander (M40)	Central AC	48:57
221	Robert Lindsay (M40)	Kilmarnock H&AC	48:59
222	Colin Williams (M Sen)	Moorfoot Runners	49:00
223	Stuart Hay (M50)	Dunbar Running Club	49:02
224	Steve Feltbower (M Sen)	Falkirk Victoria Harriers	49:03
225	Kevin Schenk (M Sen)	Stirling University AC	49:05
226	Daniel Sheldrick (M Sen)	Taunton AC	49:07
227	Gary McKendrick (M45)	Inverclyde AC	49:07
228	Frank Boyne (M45)	Aberdeen AAC	49:08
229	Andrew Callan (M40)	Springburn Harriers	49:09
230	Neil Robbins (M50)	Hamilton Harriers	49:10
231	Ruairidh Macdonald (M Sen)	Bellahouston Harriers	49:10
232	Ewan Stark (M Sen)	Corstorphine AAC	49:11
233	Mark Rhynes (M Sen)	Hunters Bog Trotters	49:11
234	Stuart Milne (M Sen)	Fife AC	49:15
235	Stephen McCrorie (M40)	Ayr Seaforth AC	49:19
236	George Ashley (M Sen)	Hunters Bog Trotters	49:20
237	Steven Stirrat (M Sen)	Irvine Running Club	49:22
238	Paul Kieran (M Sen)	Carnegie Harriers	49:23
239	Stuart Murray (M Sen)	Larkhall YMCA Harriers	49:24
240	Francis Hurley (M60)	Ron Hill Cambuslang H	49:27
241	Andrew McCaffery (M45)	Calderglen Harriers	49:29
242	Grant Hassan (M Sen)	Inverness Harriers AAC	49:31
243	Sam McVicar (M40)	Greenock Glenpark H	49:33
244	David Riach (M45)	Westerlands XC Club	49:33
245	John J Duffy (M45)	Shettleston Harriers	49:38
246	Jamie McGowan (M Sen)	Gala Harriers	49:39
247	Grant Cairns (M Sen)	Springburn Harriers	49:39
248	Nicholas Williamson (M Sen)	Dunbar Running Club	49:43
249	Michael Taylor (M Sen)	Hunters Bog Trotters	49:44
250	Robert Wilson (M Sen)	Greenock Glenpark H	49:46
251	Gerard Scullion (M45)	Bellahouston Road R	49:49
252	Jude Boulton (M40)	Inverclyde AC	49:51

253	Scott Williamson (M Sen)	Corstorphine AAC	49:52
254	Stephen Porteous (M Sen)	Garscube Harriers	49:53
255	Will Hugh Bailey (M Sen)	Hunters Bog Trotters	49:54
256	Craig Grieve (M40)	Teviotdale Harriers	49:54
257	Graham Manczak (M Sen)	Gala Harriers	49:56
258	Alistair Hindle (M40)	Hunters Bog Trotters	50:02
259	Gerard Gaffney (M55)	Inverclyde AC	50:03
260	Matthew Brown (M Sen)	Bellahouston Harriers	50:05
261	Duncan McGougan (M45)	Scottish Prison Service	50:08
262	John Murray (M Sen)	Garscube Harriers	50:08
263	David Millar (M Sen)	Carnegie Harriers	50:10
264	James Murdoch (M Sen)	Campbeltown RC	50:14
265	Barry Davie (M Sen)	Carnegie Harriers	50:14
266	David Spencer (M45)	North Highland Harriers	50:16
267	Kenneth Anthony (M50)	Fife AC	50:17
268	Dean Carr (M40)	Corstorphine AAC	50:18
269	Stephen Duffy (M Sen)	Hamilton Harriers	50:21
270	David Thomson (M Sen)	East Kilbride A.C.	50:23
271	John Ritchie (M Sen)	Helensburgh AAC	50:24
272	Alexander Chisholm (M55)	Garscube Harriers	50:25
273	Kevin Farmer (M Sen)	Clydesdale Harriers	50:26
274	Robert Rogerson (M50)	Kirkintilloch Olympians	50:27
275	Jamie McDonald (M Sen)	Central AC	50:28
276	Andrew King (M Sen)	Harmeny AC	50:28
277	Huw Vaughan-Jackson (M Sen)	Edinburgh Univ H & H	50:29
278	Mark Caldwell (M40)	Ayr Seaforth AC	50:29
279	Ross Millar (M Sen)	Harmeny AC	50:29
280	Michael O'Hagan (M45)	Ron Hill Cambuslang H	50:30
281	Bobby Scully (M Sen)	Hunters Bog Trotters	50:31
282	Robert McLennan (M50)	Garscube Harriers	50:31
283	Andrew Fish (M Sen)	Lothian Running Club	50:35
284	Craig White (M Sen)	Maryhill Harriers	50:36
285	James Jarvis (M40)	Hunters Bog Trotters	50:39
286	Craig Taylor (M Sen)	Portobello Running Club	50:40
287	Anthony Lucio Jannetta (M Sen)	Bellahouston Road R	50:50
288	Daniel McLaughlin (M50)	Greenock Glenpark H	50:53
289	John Creamer (M Sen)	Edinburgh Univ H & H	50:54
290	Niall Bristow (M45)	Ron Hill Cambuslang H	50:55
291	Steve Crane (M50)	Portobello Running Club	50:56
292	Gab Bucciarello (MU20)	Edinburgh AC	50:56
293	James Bowden (M Sen)	Hunters Bog Trotters	50:57
294	Derek Watson Snr. (M50)	VP-Glasgow AC	51:00
295	Craig Lamont (M Sen)	Bellahouston Harriers	51:02
296	Roger Rees (M45)	Fife AC	51:03
297	Chris Bell (M Sen)	Harmeny AC	51:05
298	Alan Inglis (M45)	Teviotdale Harriers	51:07
299	Robert Watson (M55)	Scottish Prison Service	51:09
300	Gerard Craig (M45)	VP-Glasgow AC	51:11
301	Jeremy Kibble (M Sen)	Metro Aberdeen RC	51:12
302	Connell Drummond (M40)	Kilmarnock H&AC	51:13
303	Adrian Campbell (M Sen)	Hunters Bog Trotters	51:14
304	Colin Miller (M55)	Irvine Running Club	51:16
305	Alan Cameron (M40)	Corstorphine AAC	51:22
306	Ian Johnston (M50)	Corstorphine AAC	51:24
307	Grant Noble (M50)	Dunbar Running Club	51:24
308	Donald Shaw (M40)	Lothian Running Club	51:26
309	Daniel Clements (M Sen)	Hunters Bog Trotters	51:29
310	James Breen (M45)	Hamilton Harriers	51:35
311	Damien Theaker (M50)	Helensburgh AAC	51:36
312	Mark Horne (M Sen)	Edinburgh AC	51:39
313	Darren Blyth (M40)	Edinburgh AC	51:39
314	Malcolm Parry (M40)	Ferranti AAC	51:40
315	Neil Maclachlan (M Sen)	Pitreavie AAC	51:41
316	Nigel Holl (M45)	Individual	51:45
317	Peter Goodwin (M40)	Bellahouston Road R	51:51
318	Hamish Barbour (M50)	Bellahouston Road R	51:52
319	Murray Peebles (M Sen)	Harmeny AC	51:53
320	Neil Colquhoun (M Sen)	Edinburgh Univ H & H	51:54
321	Athol Burnett (M50)	Aberdeen AAC	51:58
322	Donald Kennedy (M40)	Bellahouston Harriers	51:58
323	Mark Welsford (M40)	Kirkintilloch Olympians	51:59
324	Stuart Mounce (M Sen)	Hunters Bog Trotters	52:00
325	David Marshall (M Sen)	Linlithgow AC	52:01
326	Ross McEachern (M45)	Springburn Harriers	52:04
327	Hugh Buchanan (M50)	Central AC	52:08
328	Darren Cavaroli (M40)	Harmeny AC	52:11
329	Alan Craig (M40)	Kilbarchan AAC	52:12
330	Bruce Scott (M40)	Dundee Hawkhill H	52:13
331	Stephen Crawford (M45)	Kinross Road Runners	52:14
332	Daniel Newman (M45)	Fife AC	52:15
333	Simon Harrison (M Sen)	Hunters Bog Trotters	52:17
334	Andrew McKechnie (M Sen)	Hunters Bog Trotters	52:17
335	Stuart Brockie (M40)	Ayr Seaforth AC	52:18
336	Steven Martin (M40)	Gala Harriers	52:18
337	James Williamson (M Sen)	Hunters Bog Trotters	52:19
338	Takayuki Kurata (M Sen)	Metro Aberdeen RC	52:20

339	Peter Jardine (M45)	VP-Glasgow AC	52:22
340	Paul Daly (M45)	Gala Harriers	52:23
341	Gordon McCann (M Sen)	Falkirk Victoria Harriers	52:24
342	Craig Hunter (M55)	Hunters Bog Trotters	52:24
343	Ivor Normand (M45)	Hunters Bog Trotters	52:29
344	Graham Mcgrattan (M55)	Greenock Glenpark H	52:30
345	Ian Sills (M45)	Dunbar Running Club	52:31
346	Stephen Cowper (M45)	Milburn Harriers	52:32
347	Michael Ross (M Sen)	Falkirk Victoria Harriers	52:33
348	Martin Devine (M Sen)	Portobello Running Club	52:36
349	Robert Flett (M40)	Hunters Bog Trotters	52:37
350	Roddy McRae (M45)	Carnethy Hill RC	52:40
351	Robert Bartley (M Sen)	Kirkintilloch Olympians	52:47
352	Sean Casey (M45)	Kirkintilloch Olympians	52:48
353	Ross Neilson (M Sen)	Greenock Glenpark H	52:52
354	Duncan McKellar (M Sen)	Garscube Harriers	52:54
355	Craig Ross (M55)	Dundee Hawkhill H	52:57
356	Gavin Orr (M40)	Harmeny AC	52:57
357	Simon Lennox (M Sen)	Dumbarton AAC	52:57
358	John Mill (M45)	Dundee Road Runners AC	53:01
359	Chris Marsh (M Sen)	Giffnock North AAC	53:03
360	Stephen Bell (M45)	Helensburgh AAC	53:03
361	Rory Campbell (M40)	Gala Harriers	53:04
362	Laurence Baker (M55)	Ayr Seaforth AC	53:07
363	Martin Coleman (M Sen)	Springburn Harriers	53:13
364	Martin Caldwell (M60)	Corstorphine AAC	53:14
365	John-Paul Downey (M Sen)	Moray Road Runners	53:15
366	Martin O'Donnell (M40)	Giffnock North AAC	53:15
367	Stephen Kilpatrick (M40)	Garscube Harriers	53:16
368	Peter McClelland (M Sen)	Hunters Bog Trotters	53:16
369	James Murray (M Sen)	Ayr Seaforth AC	53:17
370	Roderick Fleming (M Sen)	Westerlands XC Club	53:18
371	Derek Rigmard (M45)	Bellahouston Road R	53:18
372	Martin King (M40)	Clydesdale Harriers	53:20
373	Andrew Latham (M45)	Edinburgh AC	53:22
374	Neil Robertson (M45)	Falkirk Victoria Harriers	53:30
375	Keith McArthur (M50)	Moray Road Runners	53:35
376	Graeme McKenzie (M40)	Troon Tortoises AC	53:38
377	Scott Hyslop (M45)	Linlithgow AC	53:41
378	Francis Gilroy (M50)	Bellahouston Harriers	53:44
379	Neil Ramsay (M Sen)	Kirkintilloch Olympians	53:45
380	Paul Clawson (M Sen)	Bellahouston Harriers	53:47
381	Scott Dickson (M Sen)	Motherwell AC	53:48
382	John McLaughlin (M45)	Garscube Harriers	53:49
383	Argy Rizos (M40)	Edinburgh AC	53:52
384	Mark Munro (M Sen)	Haddington East Lothian P	53:53
385	Hugh Lavery (M55)	Clydesdale Harriers	53:54
386	Paul Kelly (M Sen)	Dumbarton AAC	53:58
387	Peter Gardner (M Sen)	Hunters Bog Trotters	53:59
388	John Crookston (M55)	Carnegie Harriers	54:03
389	Adam Scragg (M Sen)	Metro Aberdeen RC	54:05
390	Peter Walsh (M55)	Dumbarton AAC	54:09
391	Angus Gallie (M55)	Linlithgow AC	54:10
392	Ian Beattie (M45)	Portobello Running Club	54:11
393	Derrick Brydon (M40)	Gala Harriers	54:14
394	David Calder (M50)	Westerlands XC Club	54:23
395	Mark Roberts (M40)	Hunters Bog Trotters	54:24
396	Kenton Jones (M50)	Lothian Running Club	54:29
397	Scott Dickson (M40)	Lasswade AAC	54:31
398	Andrew Bradley (M Sen)	Garscube Harriers	54:34
399	Stephen Malcolm (M40)	Lothian Running Club	54:35
400	Ross Burton (M Sen)	Motherwell AC	54:35
401	Chris Creegan (M50)	Edinburgh AC	54:37
402	Nick Rowan (M Sen)	Kinross Road Runners	54:40
403	Anthony Lunn (M45)	Gala Harriers	54:41
404	Andrew Foggo (M Sen)	Glasgow University H and H	54:45
405	Michael Mitchell (M45)	Fife AC	54:46
406	Sandy Wallace (M60)	Haddington East Lothian P	54:50
407	David Hope-Jones (M Sen)	Hunters Bog Trotters	54:52
408	Willie Munro (M50)	Springburn Harriers	54:54
409	Ian Robert Johnston (M55)	Carnegie Harriers	54:57
410	John Martin (M55)	Falkirk Victoria Harriers	55:00
411	Ross Bickerstaff (M55)	Hamilton Harriers	55:01
412	James Sneddon (M45)	Irvine Running Club	55:02
413	John Pugh (M45)	Kirkintilloch Olympians	55:06
414	Christopher Mountford (M Sen)	Corstorphine AAC	55:10
415	Alan Partridge (M65)	East Kilbride AAC	55:11
416	Graeme Brown (M Sen)	Law & District AAC	55:12
417	David McKeown (M40)	North Highland Harriers	55:13
418	Stewart Henderson (M40)	Gala Harriers	55:19
419	Alister Biggar (M40)	Teviotdale Harriers	55:20
420	Finlay Slane (M50)	Lothian Running Club	55:20
421	Martin Twigg (M45)	Hunters Bog Trotters	55:21
422	David Orr (M40)	North Highland Harriers	55:22
423	William Duffy (M45)	Kilmarnock H&AC	55:28
424	Gordon Appelbe (M Sen)	Central AC	55:32

425	Richard Murciano (M Sen)	Hamilton Harriers	55:33
426	James Rogers (M Sen)	Hunters Bog Trotters	55:34
427	William McCulloch (M50)	Gala Harriers	55:34
428	Richard G. Davidson (M55)	Dundee Hawkhill H	55:41
429	Andrew Henderson (M60)	Calderglen Harriers	55:47
430	Philp Tipping (M45)	Strathearn Harriers	55:49
431	Nigel Reynolds (M50)	Dundee Hawkhill H	55:50
432	Kevin Davie (M Sen)	Carnegie Harriers	55:52
433	John Hynd (M50)	Carnegie Harriers	55:55
434	Darren Murray (M40)	Bellahouston Harriers	56:00
435	Derek Blount (M50)	Helensburgh AAC	56:11
436	Andrew Milne (M45)	Fife AC	56:11
437	Gerry McArdle (M40)	Linlithgow AC	56:11
438	Colin Crabbie (M40)	Hunters Bog Trotters	56:15
439	Neil Jack (M Sen)	Edinburgh AC	56:19
440	Rupert Nash (M Sen)	Hunters Bog Trotters	56:21
441	Damien Moore (M Sen)	VP-Glasgow AC	56:22
442	Alan Lawson (M65)	Dundee Hawkhill H	56:25
443	John Cobb (M55)	North Highland Harriers	56:30
444	Jim Thyne (M55)	Hunters Bog Trotters	56:30
445	Robert Hardman (M55)	Bellahouston Road R	56:34
446	Paul McKendry (M50)	Clydesdale Harriers	56:41
447	Graham Kemp (M Sen)	Kinross Road Runners	56:43
448	Stephen Reid (M50)	Ferranti AAC	56:45
449	Alan Johnston (M40)	Gala Harriers	56:47
450	Allan Carr (M40)	Dumbarton AAC	56:47
451	Robert Pattinson (M45)	Motherwell AC	56:49
452	Daniel Beckett (M Sen)	Hunters Bog Trotters	56:54
453	Campbell Fullarton (M Sen)	Helensburgh AAC	56:55
454	James White (M60)	Irvine Running Club	57:02
455	Cornel Neil (M50)	Kirkintilloch Olympians	57:05
456	Martin Hill (M Sen)	Kinross Road Runners	57:06
457	Billy Mitchell (M50)	Central AC	57:07
458	James McLaren (M50)	Falkirk Victoria Harriers	57:09
459	David Stakes (M50)	Bellahouston Road R	57:14
460	Billy Clark (M50)	Giffnock North AAC	57:15
461	Steven Hill (M Sen)	Kilbarchan AAC	57:24
462	Iain O'Donnell (M Sen)	Bellahouston Road R	57:26
463	Barry Edwards (M Sen)	Bellahouston Road R	57:30
464	David Dawson (M45)	Hamilton Harriers	57:41
465	Ryan Nelson (M Sen)	Clydesdale Harriers	57:44
466	George McPherson (M55)	Metro Aberdeen RC	57:45
467	Peter Laing (M50)	Ayr Seaforth AC	57:46
468	Scott Forrest (M45)	Greenock Glenpark H	57:49
469	Jim Holmes (M45)	Calderglen Harriers	57:50
470	Kevin Queenan (M40)	Bellahouston Road R	57:50
471	Jamie Thin (M45)	Hunters Bog Trotters	57:55
472	Alan O'Rourke (M40)	Greenock Glenpark H	58:02
473	Duncan Baker (M55)	Hunters Bog Trotters	58:02
474	John Boyle (M55)	Kinross Road Runners	58:11
475	David Nightingale (M55)	Gala Harriers	58:13
476	Jan-Bert Van Den Berg (M50)	Corstorphine AAC	58:14
477	Gerry Hanlon (M50)	Bellahouston Road R	58:18
478	Roddy McLeod (M Sen)	Metro Aberdeen RC	58:25
479	Matt Richardson (M45)	Linlithgow AC	58:38
480	Gavin Brown (M40)	Portobello Running Club	58:45
481	Gordon King (M55)	Helensburgh AAC	58:48
482	Graham Pogson (M50)	Gala Harriers	58:49
483	Cameron Campbell (M55)	Central AC	58:53
484	Graham Mclean (M55)	Corstorphine AAC	58:57
485	Alastair McCallum (M50)	Falkirk Victoria Harriers	59:02
486	Kenny Leinster (M50)	Calderglen Harriers	59:04
487	Alex MacEwen (M55)	Edinburgh AC	59:08
488	Michael Hampson (M50)	Giffnock North AAC	59:10
489	Allan Brannigan (M50)	Carnegie Harriers	59:12
490	Chris Kilshaw (M Sen)	Garscube Harriers	59:20
491	Gavin McLennan (M Sen)	Metro Aberdeen RC	59:24
492	Robin Thomas (M55)	Hunters Bog Trotters	59:27
493	Colin Douglas (M40)	Helensburgh AAC	59:29
494	Henry Merriweather (M40)	Bellahouston Road R	59:31
495	John Burns (M50)	Motherwell AC	59:36
496	Gordon Morrison (M55)	Strathearn Harriers	59:40
497	Andy Griffiths (M60)	Garscube Harriers	59:45
498	Kieran Morgan (M50)	Carnegie Harriers	59:53
499	George Findlay (M55)	Anster Haddies RC	59:55
500	James Purves (M55)	Gala Harriers	1:01:03
501	Matthew Newnham (M55)	Edinburgh AC	1:01:14
502	John Hamill (M40)	Dumbarton AAC	1:01:18
503	Dewar Stewart (M50)	Clydesdale Harriers	1:01:20
504	James Cruickshank (M Sen)	Metro Aberdeen RC	1:01:22
505	Michael Allison (M Sen)	Falkirk Victoria Harriers	1:01:27
506	Richard Lawton (M Sen)	Calderglen Harriers	1:01:29
507	Eric Stevenson (M60)	Edinburgh AC	1:01:32
508	Mark Livingstone (M40)	Irvine Running Club	1:01:36
509	Iain Pettigrew (M45)	Ayr Seaforth AC	1:01:38
510	Rodger McEleney (M55)	Giffnock North AAC	1:01:41

511	Gibson Fleming (M70)	Westerlands XC Club	1:01:49
512	Gerry Kane (M55)	Clydesdale Harriers	1:01:10
513	James Alexander (M50)	Lothian Running Club	1:01:12
514	Mark Warner (M45)	Hunters Bog Trotters	1:01:15
515	Steven Blair (M45)	Corstorphine AAC	1:01:16
516	Max Carcas (M45)	Edinburgh AC	1:01:22
517	Gerry Gallacher (M Sen)	Scottish Prison Service	1:01:29
518	David Gates (M45)	Kirkintilloch Olympians	1:01:30
519	Kevin James Gill (M45)	Greenock Glenpark H	1:01:33
520	Kieran McLaughlin (M Sen)	Garscube Harriers	1:01:37
521	Tony Hall (M65)	Garscube Harriers	1:01:45
522	Andrew Stavert (M50)	Portobello Running Club	1:01:56
523	Brian Couper (M Sen)	Linlithgow AC	1:01:57
524	Alistair Cuthbertson (M45)	Garscube Harriers	1:01:59
525	Tom McCulloch (M60)	Ayr Seaforth AC	1:02:04
526	Bryan Grome (M Sen)	Linlithgow AC	1:02:07
527	Julian Warman (M40)	Hunters Bog Trotters	1:02:08
528	Andrew Anderson (M45)	Dunbar Running Club	1:02:15
529	Brian Pendreigh (M55)	Hunters Bog Trotters	1:02:16
530	Robert Miller (M50)	Ferranti AAC	1:02:19
531	Steve McAvoy (M45)	Falkirk Victoria Harriers	1:02:22
532	Kenny McDonald (M40)	Bellahouston Road R	1:02:34
533	Stephen Greer (M55)	Carnegie Harriers	1:02:43
534	John Hamer (M50)	Westerlands XC Club	1:02:52
535	John Denholm (M60)	Falkirk Victoria Harriers	1:03:01
536	Kenneth Macanna (M60)	Garscube Harriers	1:03:12
537	Jonathan Millar (M Sen)	Carnegie Harriers	1:03:15
538	Kenny Mearns (M50)	Lothian Running Club	1:03:20
539	Jim Mearns (M45)	Calderglen Harriers	1:03:26

540	Keith Gibb (M50)	Bellahouston Road R	1:03:30
541	Brian Howie (M60)	Edinburgh AC	1:03:34
542	Willie Gallacher (M60)	Edinburgh AC	1:03:40
543	Ewan Hislop (M40)	Corstorphine AAC	1:04:11
544	Peter Rudzinski (M60)	Clydesdale Harriers	1:04:40
545	Michael Kemp (M Sen)	Maryhill Harriers	1:05:01
546	Joseph McNamee (M55)	Irvine Running Club	1:05:02
547	Gerard Mason (M50)	Shettleston Harriers	1:05:02
548	Watson Jones (M70)	Clydesdale Harriers	1:05:12
549	David Bunyan (M60)	Falkirk Victoria Harriers	1:06:25
550	John Owens (M55)	Springburn Harriers	1:06:51
551	Walter McCaskey (M75)	Edinburgh AC	1:07:12
552	Graham Burrows (M60)	Linlithgow AC	1:07:17
553	Allan Gibson (M60)	Anster Haddies RC	1:07:38
554	Ian Campbell (M45)	Hunters Bog Trotters	1:07:59
555	David Kelly (M50)	Hamilton Harriers	1:08:04
556	Struan Robertson (M Sen)	Kinross Road Runners	1:08:34
557	Alan Coltman (M45)	Teviotdale Harriers	1:08:40
558	Thomas McChord (M55)	Kirkintilloch Olympians	1:09:00
559	Hugh Simpson (M50)	Calderglen Harriers	1:09:03
560	Tom Tracey (M60)	Inverclyde AC	1:09:15
561	Peter Blackmore (M40)	Motherwell AC	1:11:07
562	Frederick McCain (M65)	Haddington East Lothian P	1:11:08
563	Raghibir Singh (M65)	Garscube Harriers	1:12:02
564	Geoffrey Bilton (M60)	Kinross Road Runners	1:12:25
565	Edward McDonald (M65)	Ferranti AAC	1:14:01
566	Charles Steven (M50)	Calderglen Harriers	1:18:35
567	Ian Marshall (M65)	Hunters Bog Trotters	1:20:39

Teams				
Pos	Club	Name	Time	Pos
1	Central AC (52)	Andrew Butchart (M Sen)	38:36	2
		Alexander Hendry (M Sen)	38:56	4
		Alastair Hay (M Sen)	39:02	6
		Robert Russell (M Sen)	39:33	8
		John Newsom (M Sen)	40:16	12
		Sean Reilly (M Sen)	40:57	20
2	Corstorphine AAC (149)	Dougie Selman (M Sen)	39:37	10
		Michael Crawley (M Sen)	40:08	11
		Calum McKenzie (M Sen)	41:09	23
		Keith Hood (M40)	41:16	24
		Bryan Clark (M Sen)	42:49	38
		Ryan Riddell (M Sen)	42:59	43
3	Ron Hill Cambuslang H (158)	Kyle McLellan (M Sen)	40:44	16
		Robert Gilroy (M Sen)	40:46	17
		Iain MacCorquodale (M Sen)	40:51	18
		Benjamin Hukins (M Sen)	41:00	21
		Chris Wilson (M Sen)	41:47	30
		Bobby Bristow (M Sen)	44:06	56
4	Hunters Bog Trotters (216)	9, 22, 26, 50, 54, 55		
5	Shettleston Harriers (236)	3, 19, 32, 45, 53, 84		
6	Edinburgh AC (303)	33, 39, 48, 49, 65, 69		
7	Falkirk Victoria Harriers (606)	74, 79, 97, 112, 115, 129		
8	Bellahouston Road R (627)	80, 91, 101, 111, 118, 126		
9	Inverclyde AC (644)	14, 15, 27, 109, 227, 252		
10	Giffnock North AAC (708)	37, 42, 130, 152, 162, 185		
11	Inverness Harriers AAC (731)	51, 57, 81, 102, 198, 242		
12	Kilbarchan AAC (805)	1, 68, 99, 131, 177, 329		
13	Greenock Glenpark H (812)	70, 89, 95, 150, 165, 243		
14	Lasswade AAC (956)	29, 62, 72, 191, 205, 397		
15	Gala Harriers (1009)	85, 103, 183, 188, 204, 246		
16	Clydesdale Harriers (1167)	142, 163, 179, 194, 216, 273		
17	Bellahouston Harriers (1184)	78, 107, 213, 231, 260, 295		
18	Moray Road Runners (1248)	58, 60, 193, 197, 365, 375		
19	Lothian Running Club (1308)	13, 135, 173, 283, 308, 396		
20	Portobello Running Club (1314)	59, 124, 206, 286, 291, 348		

21	Westerlands XC Club (1317)	28, 100, 181, 244, 370, 394
22	Fife AC (1348)	105, 114, 234, 267, 296, 332
23	Kirkintilloch Olympians (1353)	86, 127, 192, 274, 323, 351
24	Metro Aberdeen RC (1475)	121, 160, 166, 301, 338, 389
25	Carnegie Harriers (1536)	172, 210, 238, 263, 265, 388
26	VP-Glasgow AC (1598)	5, 219, 294, 300, 339, 441
27	Garscube Harriers (1604)	180, 254, 262, 272, 282, 354
28	Dundee Hawkhill H (1760)	106, 110, 330, 355, 428, 431
29	Ayr Seaforth AC (1787)	208, 235, 278, 335, 362, 369
30	Springburn Harriers (1787)	214, 229, 247, 326, 363, 408
31	Hamilton Harriers (1802)	157, 230, 269, 310, 411, 425
32	Harmony AC (1855)	276, 279, 297, 319, 328, 356
33	Dunbar Running Club (1862)	211, 223, 248, 307, 345, 528
34	Helensburgh AAC (1964)	134, 271, 311, 360, 435, 453
35	Motherwell AC (2006)	125, 154, 381, 400, 451, 495
36	Linlithgow AC (2152)	143, 325, 377, 391, 437, 479
37	Dumbarton AAC (2225)	140, 357, 386, 390, 450, 502
38	Kinross Road Runners (2313)	203, 331, 402, 447, 456, 474
39	Calderglen Harriers (2338)	207, 241, 429, 469, 486, 506
40	Irvine Running Club (2461)	237, 304, 412, 454, 508, 546